



# Tender Hearts Newsletter



September 2024

## Important dates in September

- Sep 2 Labor Day  
Tender Hearts is closed  
Happy 5th Birthday  
to Mila C
- Sep 4 1st day of 4K in Oshkosh  
Schools
- Sep 7 Happy 2nd Birthday  
to Adilaide P.
- Sep 8 Happy Grandparent's  
Day
- Sep 11 Patriot Day  
Happy Birthday to  
Michael B.
- Sep 15 Happy Anniversary to  
Chris & Lindsay C.
- Sep 16 Happy 3rd Birthday to  
Robbie G.
- Sep 22 First day of Autumn
- Sep 27 Tender Hearts is closed  
No School for Oshkosh  
Schools - Professional  
Development Day  
Happy 7th Birthday to  
Fred and Wilma
- Sep 30 Tender Hearts is closed

## Topics for September

The topics for September are: Grandparent's are Special, Colors, Autumn, and Shapes.

## What we did last month

A few things we did were: we took a field trip to the zoo. We had fun looking at all the animals. We played in the water table and the sprinkler. We played in the sandboxes. We talked about going to school. This school year, there will be two children that will be in 4K.

## Visit from state licensing

Jill, from licensing, was here on Friday, August 9th. She checked the children's records, the staff records, and the emergency plans (fire drills/tornado drills/vehicle safety alarm). She also checked my driving record as well as Tim's, and that our CPR was up to date, she checked to see that the dog and cat rabies vaccinations were up to date for all animals, and she looked in the medical log book. She also checked the facility to see that it was clean. Everything went well and we were doing everything that we need to be doing. I have received a compliance statement.



## Visit from the Food Program

On Friday, August 16th, Jenna from Horizons Food Program, came to visit us during morning snack. She looked my paperwork, the children's attendance records to check that I was claiming the correct children for meal counts. She also looked in the kitchen for - the refrigerator and freezer were at the right temperatures, the dry-good foods and the foods in the refrigerator are covered in air tight containers, the yogurt, cereal and other foods that I was serving was low in sugar, the whole grain foods I serve (crackers, noodles, bread, and others) was 100% whole wheat grain. She also looked that the cleaning supplies were out of reach of the children, the oven and microwave were clean, and the overall cleanliness of the kitchen. She also asked me questions that she has to ask every time she visits just to see if I fully understand the rules I need to follow for being enrolled on the food program. The food program visits are unannounced three times a year. The visit went well.





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## Schedule Changes

For this school year, Mila and Preston will be attending 4K. The schedule will be changing to accommodate their school schedule. For your reference, attached you will find a new daily schedule for the school year.

## Cubbies

Please take a few moments and check the clothes in your child's cubbie. Please make sure your child has not outgrown the clothes. As we get ready for the cooler weather, make sure there is also a sweater or sweatshirt in case there are chilly mornings or chilly days. You never know what Wisconsin weather will be like. It's not too early to think about a hat and mittens. It works well if you bring a hat and a pair of mittens or gloves to be kept in your child's cubbie. That way they will be here and your child will stay warm while we are outside on the cool days.

## Happy Grandparent's Day

When I was growing up, my Grandparents played an important role in my life. Now that my Grandparents have passed, I cherish the memories I have of all of them!

I celebrate Grandparent's Day every year by helping the children make gifts for their Grandparents. I hope they will like them.

Here is a history on Grandparent's Day from the Oshkosh Northwestern Newspaper dated August 31, 2014, section B3. (It's an oldie but a goodie.)

How do you celebrate Grandparents Day? Do you assume it is a made-up holiday for the greeting card companies? It is a real holiday. In 1970, Marian McQuade, from West Virginia, initiated a campaign to set aside a special day just for Grandparents. Her primary motivation was to champion the cause of lonely elderly in nursing homes and shut-ins. She also hoped to persuade grandchildren to tap the wisdom and heritage their grandparents could provide. Marian McQuade and her husband had 15 children, 40 grandchildren, and eight great grandchildren. In 1978, the US Congress proclaimed the first Sunday after Labor Day as National Grandparents Day, and the proclamation was signed by President Jimmy Carter. September was chosen for the holiday, to signify the "autumn years" of life. Today Grandparents Day has a threefold purpose: to honor grandparents; to give grandparents an opportunity to show love for their children's children; to help children become aware of the strength, information and guidance older adults can offer.





# Tender Hearts Family Child Care Center Daily Schedule

(For children ages 1 to 12)  
(Infants are on their own schedule)

- 6:30 a.m. Tender Hearts opens for the day
- 6:30 - 6:50 Free choice play time
- 6:50 - 7:00 Clean up/Wash hands
- 7:00 - 7:30 Breakfast
- 7:30 - 8:00 Free choice play time
- 8:00 - 8:50 Calendar/Group time
- 8:50 - 9:00 Clean up/Wash hands
- 9:00 - 9:15 AM Snack
- 9:15 - 10:20 Free choice (Outside if weather permits)
- 10:20 - 11:10 Free choice play time-Inside



- 10:20 - 10:50 (Lunch is prepared for the children that are enrolled in 4K)
- 10:50 - 11:15 Lunch for 4K children
- 11:15 - 11:25 4K children get ready to go to school
- 11:25 - 11:45 4K children are transported to school

- 11:10 - 11:25 (Lunch is prepared for the children)
- 11:20 - 11:30 Clean up/Wash hands
- 11:30 - 12:00 Lunch
- 12:00 - 12:15 Story Time
- 12:15 - 2:00 Nap/Quiet Time
- 2:00 - 2:15 Wake children up/Wash hands
- 2:15 - 2:30 Snack



- 2:20 - 3:00 Pick 4K children up from school
- 3:00 - 3:05 Wash hands
- 3:05 - 3:20 PM snack for 4K children



- 2:30 - 5:30 Free choice play time (outside or inside)
- 5:30 p.m. Tender Hearts closes for the day

