



A resource guide for families in
Outagamie, Winnebago and Calumet Counties

brought to you by Fox Valley Early Childhood Coalition

Children deserve to be
SAFE, HEALTHY and **READY TO LEARN**

TheParentOutlet.com

Printing for this edition sponsored by:

LIVE UNITED



United Way Fox Cities



Parent Connection provides the administrative support to maintain the information contained in the Guide.

This resource guide can also be found at:
<http://familyservicesnew.org/parent-connection/community-resources.pdf>

Updated April, 2016
Changes/additions can be sent to: elast@familyservicesnew.org

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PARENT CONNECTION

www.familyservicesnew.org

1810 Appleton Road, Menasha
(920) 739-4226 ext. 108

36 Broad Street, Oshkosh
(920) 233-6630 ext. 101

Parent Connection is a parent education and support program designed to *Encourage, Strengthen and Support Families*. Each program offered by Parent Connection is focused on providing family education and promoting positive parenting techniques to include:

- Support parents by sharing and promoting effective skills of positive parenting
- Strengthen healthy parent/child relationships
- Develop and maximize parent's potential to resolve difficult situations
- Strengthen the relationship between parents to promote healthy family dynamics.

Parents as Teachers' Home Visitation

This free early-learning program is designed for first-time parents and their babies residing in Outagamie, Winnebago and parts of Calumet County. Family Support Specialists trained in early childhood and brain development conduct home visits from the child's birth to the age of three.

Family Wellness Workshops

Find out the latest information about child growth and development, stress management, positive discipline, communication, the teen years, and many other issues related to parenting.

Teen Parent Program

The Teen Parent program is designed to meet the unique needs of teen parents by providing them with unique opportunities such as Parents as Teachers Home Visiting program, Teen Parent Mentoring, and monthly group meetings.

Community Presentations

Parent Connection offers speakers to businesses, schools, community agencies, and more on a variety of parenting and child abuse prevention topics. Program fees vary depending on length and location.

Family Fun Events

Parent Connection offers several low-cost family fun events for parents with young children including the annual Dad's & Kids' Luau and the Autumn Adventure.

Fatherhood Programs

The Fatherhood Programs of Parent Connection are specifically designed with needs of men in mind, as they become fathers. Classes for expectant dads on baby care basics are offered as well as on-going groups for dads and their children, birth to five.

Supervised Visitation & Exchange

Provides visitation and exchange services between divorced or separated parents. Staff help to ensure a safe and secure setting for the child, free from parental violence or conflict.

Hablas usted español?

**Si usted desea obtener información acerca de Parent Connection en Español,
por favor llame al teléfono (920) 739-4226 ext. 124.**

EMERGENCY NUMBERS

Fire/Medical/Police	9-1-1
United Way (Information and Referral)	2-1-1
Alcohol/Narcotics Anonymous	(920) 725-5442
Affinity NurseDirect	(920) 738-2230 1-800-362-9900 (920) 738-8075 TTY
Children's Hospital of WI (Poison Center)	1-800-222-1222
Domestic Violence Crisis Line	(920) 235-5998 (920) 729-6395 (920) 729-5727
Poison Control	1-800-815-8855
24-Hour Runaway Hotline Runaway Program 160 S. Badger Street, Appleton	(920) 731-0557
Calumet County Crisis Line After Hours Crisis Line Brillion Housing Authority Child Support City of Chilton Housing New Holstein Housing Authority	(920) 849-9317 (920) 832-4646 (920) 756-3041 (920) 849-1454 (920) 849-7042 (920) 898-5390
Outagamie County Child Support Crisis Hotline Housing Authority	(920) 832-5058 (920) 832-4646 (920) 731-9781
Winnebago County Child Support Housing Authority	(920) 236-4780 (920) 424-1450



Call United Way 2-1-1 for information on a wide range of area resources, or assistance with basic life needs and personal issues. Free and confidential information and referral assistance, 24 hours a day - every day. Search online at www.211now.org

ABUSE PREVENTION

Domestic Abuse

Christine Ann Domestic Abuse Services, Inc.

- 1416 S. Commercial Street, Neenah (920) 729-5727
- 206 Algoma Blvd, Oshkosh (920) 235-5998

Provides a wide array of programs and services to meet the complex needs of domestic violence victims, their children and communities in Winnebago and Green Lake counties including: emergency shelter, 24-hour helpline, support groups, legal advocacy, children's/teen programming, individual support, community referrals and advocacy and offender programming.

Harbor House Domestic Abuse Services

- 720 West Fifth Street, Appleton (920) 832-1667
- 107 South Side Shopping Center, Chilton (920) 849-7819 or 1-800-970-1171

www.harborhouseonline.org

- Crisis Line (Appleton/Sherwood area) (920) 832-1666
- Crisis Line (Chilton area) (920) 849-9317

Meets the needs of domestic abuse victims and survivors, delivering comprehensive programs and safe shelter to those in the Outagamie and Calumet county region. Services include individual and family advocacy, safety planning, support groups (some child care available), legal advocacy and services, children and family programming, programming for offenders and resource and referral information.

UNIDOS

1-800-510-9195 (Bilingual)

Ending family violence in Latino immigrant/migrant communities.

Drug/Alcohol Abuse

Affinity Behavioral Health Services

- St. Elizabeth Hospital, Appleton (920) 730-4411
- Mercy Medical Center, Oshkosh (920) 236-8570

Ala-non/Alateen Hotline

(920) 668-2491 or (800) 668-2491

Alcoholics Anonymous Hotline

(920) 731-4331

Aurora Health Center

855 N. Westhaven Drive, Oshkosh (920) 303-8700

Calumet County Health and Human Services

- Crisis Line (920) 849-9317
- Business Hours (920) 849-1400

ThedaCare Behavioral Health

- Menasha (920) 720-2300
- Oshkosh (920) 233-3838

Winnebago County Dept of Human Services-Behavioral Health/Clinical Services
Neenah (920) 727-2881

Sexual Abuse

Crisis Intervention Center

- Outagamie County (920) 832-4646
- Winnebago County (920) 722-7707

Reach Counseling Services

1509 S. Commercial Street, Neenah (920) 722-8150

The Sexual Assault Crisis Center-Fox Cities, Inc.

17 Park Place, Suite 400, Appleton (920) 733-8119

Provides personalized CARE for victims of sexual assault, their family, friends, and others affected in the community. By offering Counseling, Advocacy, Resources, and Education, we inspire change and instill a sense of hope and healing. All services are confidential and provided at no cost.

ACTIVITIES

Barlow Planetarium-UW Fox Valley

1478 Midway Road, Menasha (920) 832-2848

www.fox.uwc.edu/barlow

Offers educational shows and workshops that help children explore the universal sky.

Bay Beach Wildlife Sanctuary

1660 East Shore Drive, Green Bay (920) 391-3671

www.green-bay.org

Provides an urban wildlife refuge where people can interact with wildlife, plants and other natural resources through environmental education and recreation.

Boys and Girls Club

- 160 S. Badger Street, Appleton (920) 731-0555

www.bgclubfoxvalley.org

- 501 E. Parkway Avenue, Oshkosh (920) 233-1414

www.bgco.us

- Boys and Girls Club-Menasha 600 Racine Street (920) 750-5860

Provides a diverse array of youth development and guidance activities before and after school and during the summer. Financial assistance is available.

The CLUB Teen Center (B&G Clubs)

After-school programs, summer activities, and a variety of activities including Keystone Club, Money Matters, Career Launch and more for teens!

Brillion Community Center

120 Center Street, Brillion (920) 756-3216

www.ci.brillion.wi.us/departments/parks-recreation/community-center

Building for Kids Children's Museum

100 W. College Avenue, Appleton (920) 734-3226

www.buildingforkids.org

Designed for kids birth to age 8 with lots of hands on activities that build imagination, creativity, and confidence.

Chilton Aquatic Center

421 Court Street, Chilton (920) 849-9152 x6655

www.chilton.k12.wi.us/index.php/resources/pool

Cuff's Farm

Ledge Hill Road, Hortonville (920) 779-4788

www.cuffarms.com

Strawberry picking, apple orchard, pumpkin patch, hay rides, and corn maze.

Field of Scenes Drive-In Movie Theatre

Hwy 55, Freedom (920) 788-1936

www.fieldofscenes.biz

Funset Boulevard

513 Westhill Blvd., Appleton (920) 993-0909

www.funset.com

Funset is a play land that accommodates children of all ages. Activities include carousel rides, miniature golf, bumper cars and laser tag. Open daily 11am-10pm.

Grand Opera House

100 High Avenue, Oshkosh (920) 424-2350

www.grandoperahouse.org

Offers a Student Discovery series for children ages pre-school through high school. On their website, click the "Discovery" tab to find more information on upcoming productions.

Heritage Hill State Historical Park

2640 S. Webster Avenue, Green Bay (920) 448-5150 or (800) 721-5150

www.heritagehillgb.org

Costumed guides present northeastern Wisconsin's history in each of the park's four theme areas.

Kiel Pool

(920) 894-2266

www.ci.kiel.k12.wi.us/high/HS_PoolFitness.cfm

Lamers Dairy

N410 Speel School Road, Appleton (920) 830-0980

www.dairylandsbest.com

See how milk is processed. Visit the dairy store.

Lawrence Academy of Music

100 Water Street, Appleton (920) 993-6278

www.lawrence.edu

Offers voice and instrumental programs designed to enhance music appreciation for infants through adulthood.

Little Farmer Orchard & Farm Market

N9438 Hwy. 151, Malone (920) 921-4784

www.mytlf.com

*(Located just 10 miles north of Fond du Lac on the east shore of Lake Winnebago)
Apples, pumpkins, hayrides, petting corral, corn maze, craft barn and farm market*

Meuer Farm

N2564 Hwy. 151, Chilton (920) 418-2676

www.meuerfarm.com

A family owned farm that features a corn maze, strawberry picking, maple syrup, honey, hayrides, farm animals, pumpkins, and sweet corn.

Memorial Park Arboretum and Gardens

1313 E. Witzke Blvd., Appleton (920) 993-1900

Arboretum and gardens on display for the public, plus educational programs designed to teach about horticulture.

Monkey Joe's

1800 N Casaloma Drive, Appleton (920) 954-5437

www.monkeyjoes.com

Birthday Parties and Kids Indoor Inflatable Playground is about kids having fun, jumping, sliding and playing in the best indoor playground you have ever seen.

New Holstein Aquatic Center

1718 Madison Street, New Holstein (920) 898-1373

www.ci.new-holstein.wi.us (Click on City Departments, then Aquatic Center.)

YMCA

- **Apple Creek**
2851 E. Apple Creek Road, Appleton (920)733-9622
- **Downtown Appleton**
218 E. Lawrence Street, Appleton (920) 739-6135
- **Downtown Oshkosh**
324 Washington Avenue, Oshkosh (920) 236-3380
- **Fox West**
N6931 School Road, Greenville (920) 757-9820
- **Heart of the Valley**
225 W. Kennedy Avenue, Kimberly (920) 830-0414
- **Neenah-Menasha**
110 N. Water Street, Neenah (920) 729-9622
- **Oshkosh**
3303 W. 20th Avenue, Oshkosh (920) 230-8439

The YMCA strives to meet community needs through organized programs. The YMCA programs promote good health, strong families, confident kids, solid communities and a better place to be.

Parks & Recreation

- **Appleton Parks and Recreation**
1819 Witzke Blvd., Appleton (920) 832-5910
www.appleton.org
- **Menasha Parks and Recreation**
140 Main Street, Menasha (920) 967-5106
www.cityofmenasha-wi.gov
- **Menominee Park**
Corner of Hazel & Merritt (920) 236-5080
<http://www.ci.oshkosh.wi.us/Parks/Zoo/>
Playground, beach, trails, zoo, amusement rides, picnic shelters, and boat launch.

- **Neenah Parks and Recreation**
211 Walnut Street, Neenah (920) 886-6060
www.neenahgov.org
- **Omro Pool**
Kiwanis Street, Omro (920) 685-0781
<http://www.omro-wi.com/facility-information.html>
- **Oshkosh Parks and Recreation Department**
215 Church Avenue, Oshkosh (920) 236-5000
www.ci.oshkosh.wi.us/parks
- **Plamann County Park**
1375 E. Broadway, Appleton (920) 832-4900
http://www.co.outagamie.wi.us/parks/plamann_park.htm
- **Pollock Pool**
1550 Taft Avenue, Oshkosh (920) 236-5086
http://www2.ci.oshkosh.wi.us/Parks/Pollock_Community_Water_Park/
- **Sunset Beach Swimming Facility**
Sunset Park, Kimberly (920) 731-9299

Players Choice

W3035 County Trunk JJ, Appleton (920) 731-7529
www.pcappleton.com

The Fox Valley's only fully climate controlled, state-of-the-art indoor sports complex.

Swimtastic Swim School

1420 University Drive, Menasha (920) 722-7946
www.swimtastic.com

Provides swimming lessons for children as young as 6 months old. There are only four children per group. Family swims and birthday parties are also offered.

Valley Academy for the Arts

125 W. Wisconsin Avenue, Neenah (920) 279-1578
www.ValleyAcademyArts.org

Offers competent and dedicated dance education in a relaxed and supportive environment.

Winnebago County Parks Department

625 E. County Rd. Y Suite 500, Oshkosh
(920) 232-1960 Oshkosh and (920) 727-8641 Neenah
www.co.winnebago.wi.us/parks

Soccer and rugby fields, shelters and pavilions, boat landings, nature preserves, recreation trails, and the Sunnyview Expo Center.

ADOPTION

Adoption Services Inc.

2439 S. Oneida Street, Appleton (877) 335-6750
www.adoptionservicesinc.com

Bethany Christian Services

101 Wisconsin American Drive Suite #400, Fond du Lac (920) 923-6577
www.bethany.org

Catholic Charities

- **Fox Cities:** 214 E. Summer Street, Appleton (920) 734-2601
- **Oshkosh:** 36 Broad Street, Suite 200, Oshkosh (920) 235-6002

<http://www.gbdioc.org>

Community Adoption Center, Inc.

1-800-236-7863
www.communityadoptioncenter.com

Lutheran Social Services

3003-A N. Richmond Street, Appleton (920) 730-1322
www.lsswis.org

Post-Adoption Resource Center of Family Services

300 Crooks Street, Green Bay (920) 436-4360 ext. 1264
www.familyservicesnew.org/parc

BREASTFEEDING

Breastfeeding Specialists

- Appleton Medical Center's Birth Center (920) 738-6546
- Appleton Medical Center Lactation Office (920) 738-6253
- Aurora Medical Group (920) 303-8700
- Children's Hospital Fox Valley Neonatal Intensive Care (920) 969-7990
- Mercy Medical Center's Birthplace (920) 223-1281
- St. Elizabeth Hospital's Birthplace (920) 738-2631
- St. Elizabeth Hospital's Lactation Office (920) 738-2734
- Thedacare Outpatient Lactation Consultant (920) 738-4600
- Theda Clark Medical Center's Birth Center (920) 729-2080
- Theda Clark Lactation Office (920) 729-2225
- New London (920) 233-1280
- Shawano Lactation Educator (715) 526-7184 or (715) 526-5864
- Waupaca Lactation Consultant (715) 258-1078
- Breastfeeding Support Network www.momsboutique.com
- Breastfeeding Alliance of Northeastern Wisconsin www.bfanwi.org
- La Leche Leagues of Wisconsin www.lllofwi.org or www.llli.org

Moms and Milk Club

Certified lactation consultants offer support with any lactation issues, various educational topics and handouts, peer support from other mothers, weighing of baby, and healthy snacks. Siblings and support persons are welcome to attend. No appointment needed. No cost - the club is Free. This group meets every Thursday 10-11am on the 3rd floor of the West Pavillion of Children's Hospital in Neenah.

Women, Infants and Children (WIC)

- **Calumet County**
206 Court Street, Chilton (920) 849-1420
- **Northern Winnebago County**
211 N. Commercial Street, Neenah (920) 729-2945
- **Oneida Tribal Reservation**
525 Airport Drive, Oneida (920) 869-4829
- **Outagamie County**
410 S. Walnut Street, Appleton (920) 832-5109
- **Winnebago County**
112 Otter Avenue, Oshkosh (920) 232-3350

A supplemental food and nutrition program for pregnant women, women who are breast-feeding, and infants and children up to age 5. Breast pumps available based on eligibility.

CHILD CARE INFORMATION

Boys and Girls Club

- 160 S. Badger Street, Appleton (920) 731-0555

www.bgclubfoxvalley.org

- 501 E. Parkway Avenue, Oshkosh (920) 233-1414

<http://www.bgco.us/index.asp>

- Boys and Girls Club-Menasha 600 Racine Street (920) 750-5860

The Boys & Girls Club provides a diverse array of youth development and guidance activities before and after school and during the summer. Financial assistance is available.

Calumet County Health & Human Services

- 206 Court Street, Chilton (920) 849-1400
- 2306 S. Oneida Street, Appleton (920) 989-2700 (by appointment only)

www.co.calmet.wi.us

Services available to Calumet County families. Behavioral health, parenting concerns, alcohol or drug abuse, marital problems, and special needs children.

Child Care Resource & Referral, Inc. (CCR&R)

1001 W. Kennedy Avenue, Suite A, Kimberly (920) 886-1211 or 1-800-749-5437

www.ccrfoxvalley.org

CCR&R provides free, unbiased referrals to regulated child care programs and valuable consumer information on what to look for in a quality child care program. CCR&R also provides expert training, technical assistance, business start-up information and education on a variety of early childhood topics.

Outagamie County Dept. of Health & Human Services

401 S. Elm Street, Appleton (888) 256-4563

www.access.wi.gov

Provides child care assistance to qualified low-income families.

Willow Heart Respite & Care Center

1000 W. Main Street, Little Chute (920) 687-6754

www.willowheart.org

Supporting families who find themselves in stressful situations when deciding upon the care for their children with special needs.

Winnebago County Human Services-Family Team

- 220 Washington Avenue, Oshkosh (920) 236-4600
- 211 N. Commercial Street, Neenah (920) 727-2882

Family case managers assist families and able-bodied single adults in finding and retaining employment and determine eligibility for work supports, such as Child Care Assistance, Medicaid/Badger Care Plus, Food Share, Emergency Assistance, and Refugee Assistance. The W-2 program provides a cash payment to a small number of families with barriers to employment.

YMCA

- **Appleton YMCA Child Care Center**
218 E. Lawrence Street, Appleton (920) 739-6135
- **Apple Creek YMCA Drop In Child Care Center**
2851 E. Apple Creek Road, Appleton (920) 733-9622
- **Neenah-Menasha YMCA Child Development Center**
110 N. Water Street, Neenah (920) 729-9950
- **Oshkosh Community YMCA (20th Avenue Center)**
3303 W. 20th Avenue, Oshkosh (920) 236-3380
- **Oshkosh Community YMCA (Downtown Center)**
324 Washington Avenue, Oshkosh (920) 236-3380
- **YMCA Child Learning Center**
4630 N. Meade Street, Appleton (920) 560-3710

The YMCA offers part time and full time licensed child care for children infant through age 12. The YMCA supports families with nurturing staff, healthy food, active play, and outstanding early childhood education curriculum. The YMCA also offers School Age Child Care at school sites across the valley as well as Preschool and 4K. Scholarships are available.

CHILD DEVELOPMENT/SPECIAL NEEDS

Appleton Area School District Birth-Five Outreach Program

313 S. State St., Appleton (920) 832-6470

http://www.aasd.k12.wi.us/parents/birth-five_outreach

Provides outreach to parents with children under age 5 who reside in the Appleton Area School District. Offerings include parent/child playgroups, developmental screenings for children ages 3-5, parent/child events, parent education workshops, referrals to home visitation programs and connections to other school and community resources.

Appleton Area School District 3-5 Year Old Developmental Screenings

313 S. State St., Appleton (920) 832-6109

Located in the Community Early Learning Center.

www.aasd.k12.wi.us/parents/3-5_year_old_developmental_screenings

The Appleton Area School District recommends that ALL children who live in the district participate in a Developmental Screening. Children should be screened on or after their 3rd birthday. We prefer to see children at age 3 and before entering 4K. However, if your child is currently attending 4K and has not been screened, please call to schedule a screening. Parents or guardians do not need to have specific concerns to schedule a screening. Screenings cover all areas including:

- *How your child talks, listens, and moves.*
- *How your child uses his/her hands*
- *How your child learns*

Banta Early Learning Center

328 6th Street, Menasha (920) 967-1417

Offers a variety of preschool programs for children 3-5.

Birth to Three, Calumet County

206 Court Street, Chilton (920) 849-1400 or (920) 989-2700 x400

Provides early intervention for children who have developmental delays from birth to age three and their families in Calumet County.

Birth to Three, Outagamie County

Early Intervention Program through Valley Packaging Industries, Inc.

Located in Community Early Learning Center, 313 S. State St. Appleton

Phone-(920) 997-1484

Fax-(920) 997-1488

www.birthto3foxvalley.com

Provides early intervention for children who have developmental delays from birth to age three and their families in Outagamie County.

Birth to Three, Winnebago County

220 Washington Avenue, Oshkosh (920) 236-4650

Early Intervention Services supports families with children ages 0-3 with developmental delays in Winnebago County. EIS uses a Primary Coach Approach to Teaming, working in partnership with families within their daily routines and everyday learning opportunities.

Calumet County Aging & Disability Resource Center
206 Court Street, Chilton (920) 849-1451

Cerebral Palsy & Arc

36 Broad Street, Suite 120, Oshkosh (920) 424-4071 or 1-800-261-1895
www.cpatcpmideastwis.com

Provides services and programs that help people and families touched by cerebral palsy, physical and developmental disabilities, and other behavior challenges.

CESA 7

530 W. Main Street, Chilton (920) 849-9384
Email: nbarlev@wi.rr.com

Head Start

1-800-624-4436

www.uwosh.edu/headstart

Free Preschool program serving children and families in Outagamie, Winnebago, Calumet, and Shawano counties. Children must be 3 or 4 by September 1st of enrolling school year. Various Head Start Centers located throughout the Fox Valley.

Neenah Joint School District Early Learning

Washington Early Learning Center, 133 S. Western Avenue, Neenah (920) 751-6990
Provides intervention services for preschoolers in the Neenah Joint School District who are identified with special needs or delays. To schedule an appointment, please contact the school.

Northeast Regional Center for Children & Youth with Special Health Care Needs

325 N. Commercial Street, Suite 100, Neenah (920) 969-5325
1-877-568-5205

www.northeastregionalcenter.org

Serving families and providers caring for children birth to 21 years with special health care needs. Provides easy access to information on a variety of topics, such as, community resources, funding options, transitions, and educational issues. Staff can also provide referrals to agencies; recommend articles, books, videos and websites, as well as information on state and local programs. All information is current, confidential, and free. Online resource library:

www.library.northeastregionalcenter.org

Outagamie County Aging & Disability Resource Center

401 S. Elm Street, Appleton (920) 832-5178

Helps with intake assessments and case management for those who are developmentally disabled and elderly.

Parent Resource Program, Outagamie County

401 S. Elm Street, Appleton (920) 832-5161

Provides early intervention services to prospective parents and persons parenting children under the age of 10.5 years to reduce the risk of child abuse and neglect.

Parent to Parent of Wisconsin

(715) 361-2890

www.p2pwi.org

Provides parent support to parents of children with special needs through a one-to-one connection with another parent who has similar experience and who knows firsthand about the feelings and realities that come with having a child with special needs.

SOAR Fox Cities

211 E. Franklin St., Appleton (920) 731-9831

www.soarfoxcities.com

Enriching the lives of youth and adults with developmental disabilities.

UW-Extension

- **Calumet County**
206 Court Street, Chilton (920) 849-1450 or (920) 989-2700 x 450
- **Outagamie County**
3365 W. Brewster, Appleton (920) 832-5121
- **Winnebago County**
625 E. County Road Y, Oshkosh (920) 232-1970

Offers research-based programs on the following: financial management, tenant training, digital parenting, parenting, grand-parenting, food safety and preservation.
<http://winnebago.uwex.edu/>

Wisconsin First Step

1-800-642-7837

An information and referral service that assists Wisconsin families who have young children with special needs.

YMCA

- **Downtown Appleton**
218 E. Lawrence Street, Appleton (920) 739-6135
- **Neenah-Menasha**
110 N. Water Street, Neenah (920) 729-9622

Camp Hope is the two week summer day camp offered to children with disabilities, for more information please contact the Appleton YMCA. Empower Me Camp is a three week camp for children on the autism spectrum, please contact 920-729-9950 for more information. The YMCA also offers programs in aquatics, child care and camps for children with special needs.

EDUCATION, EMPLOYMENT & TRAINING

Advocap

181 E. North Water Street, Neenah (920) 725-2791

2929 Harrison Street, Oshkosh (920) 426-0150

Provides assistance with learning new job skills, on the job training, furthering education, and upgrading skills.

Calumet County Veterans Services

206 Court Street, Chilton (920) 849-1452 or (920) 989-2700 x 452

CAP Services Inc.

821 E. First Ave. #3, Appleton (920) 968-6365

Bringing about a permanent increase in the ability of low-income individuals to become economically and emotionally self-sufficient.

Even Start Family Literacy Program-Appleton

313 S. State St. Appleton (920) 832-6285

Even Start Family Literacy is a comprehensive, integrated literacy program addressing the education needs of Appleton Area School District low income, low literacy parents and young children. Parents who participate in the program learn to speak English, finish their high school education, acquire basic skills necessary for a job, and learn skills to be their child's first and best teacher. Children birth to age four participate in a quality early learning program of their own at the same location and time. Families must have a child between birth and age five, live within the Appleton Area School District boundaries, and complete a screening form to determine economic and educational need requirements.

Even Start Family Literacy Program-Menasha

Located at the Boys and Girls Club of Menasha 600 Racine St. Menasha (920)831-4312

Even Start Family Literacy is a comprehensive, integrated literacy program addressing the needs of Menasha School District low income, low literacy parents and young children. Parents who participate in the program learn to speak English, finish their high school education, acquire basic skills necessary for a job, and learn skills to be their child's first and best teacher. Children birth to age five participate in a quality early learning program of their own at the same location and time. Families must have a child between birth and age five, live within the Menasha School District boundaries, and complete a screening form to determine economic and educational need requirements.

Fox Valley Literacy Council

130 E. Franklin Street, Appleton (920) 991-9840

www.fvlc.net

Provides basic literacy and ELL tutors for adults.

Fox Valley Technical College

1825 N. Bluemound Drive, Appleton (920) 735-5600

Provides a variety of training programs.

FVTC Chilton Regional Center

1200 E. Chestnut Street, Chilton (920) 849-4416 or 1-800-843-4131
Provides a variety of training programs.

FVTC Oshkosh Riverside Campus

150 N. Campbell Road, Oshkosh (920) 233-9191
Provides a variety of training programs.

Goodwill Industries of North Central Wisconsin

1800 Appleton Road, Menasha (920) 731-6601
Provides a variety of training and counseling programs. Details at:
www.goodwillncw.org/programs

Hmong American Partnership

2198 S. Memorial Drive, Appleton (920) 739-3192
Assists Hmong families with orientation and integration into American society.

Outagamie County Veteran's Services

227 S. Walnut Street, Appleton (920) 832-5697
Provides assistance to veterans.

Prosperity Center

1800 Appleton Road, Menasha (920) 968-6041
Designed to help people obtain post-secondary education that leads to career employment opportunities. A Goodwill NCW partnership program with Fox Valley Technical College.

Vocational Rehabilitation

1802 Appleton Road, Menasha (920) 832-2759
Provides counseling, evaluation, job training and job placement for those with disabilities.

Valley Packaging Industries

www.vpind.com (920) 882-2800

Workforce Development Center

- 1802 Appleton Road, Menasha (rear of Goodwill complex) (920) 997-3272
- 219 Washington Avenue Suite 107, Oshkosh (920) 232-6200

Provides employment assessment, education, and training services for employers and job seekers.

FAMILY SUPPORT



Call United Way 2-1-1 for information on a wide range of area resources, or assistance with basic life needs and personal issues. Free and confidential information and referral assistance, 24 hours a day - every day. Search online at www.211now.org

Affinity Behavioral Health Services

- St. Elizabeth Hospital, Appleton (920) 730-4411
- Mercy Medical Center, Oshkosh (920) 236-8570

American Cancer Society

3311 S. Packerland Drive, De Pere (920) 338-1541

American Diabetes Association

2323 N. Mayfair Road, Suite 502, Milwaukee (800) 342-2383

American Sudden Infant Death Syndrome (SIDS) Institute

2480 Windy Hill Road, Suite 380, Marietta, GA 30067 (800) 232-7437

Autism Society of Wisconsin

1477 Kenwood Drive, Menasha (920) 558-4602

www.asw4autism.org

B.A.B.E.S. Respite & Counseling Services, a Child Abuse Prevention Program

1331 E. Wisconsin Avenue, Appleton (920) 733-2144 or (920) 733-6886 CRISIS LINE

Enhances the lives of children and their parents through alleviation, redirection and support to reduce situations that can sometime result in child abuse.

Best Friends Neenah-Menasha

181 E. North Water St. Suite 225, Neenah (920) 729-5600

Email: info@bestfriendsnm.org

www.bestfriendsnm.org.

Offers a variety of mentoring programs: Community-Based, After-School, Lunch Mentor, Guy Stuff and offer financial support to families in our program. We service children ages 5 to 18 years old. Call or e-mail us today to get your child enrolled in our mentoring program. To learn more about our services and programs check out our website.

Best Friends of Calumet County

18 W. Main Street Suite K, Chilton (920) 849-2112

Big Brothers Big Sisters of the Fox Valley Region

Appleton office: 3301C N. Ballard Road, Appleton (920) 739-3542

Oshkosh office: 36 Broad Street, Oshkosh (920) 231-2442

www.bbbsfvr.org

Provides adult mentors to children ages 6-18 years old in Calumet, Outagamie, Winnebago, and Waupaca counties.

Brain Injury and Family Survivor Group

St. Elizabeth Hospital, 1506 S. Oneida Street, Appleton (920) 831-1418

Catalpa Health

444 Westhill Boulevard, Appleton (920) 750-7000

Formed in collaboration with Affinity Health System, Children's Hospital of Wisconsin, and ThedaCare to reduce barriers, provide a full continuum of care and emerge as a center of excellence. Dedicated to providing outpatient pediatric mental health services for children and teens, ages 2-18. Services offered include, individual and family counseling, group therapy, medication management, psychological and neuropsychological testing, and concussion testing.

Center for Grieving Children

Boys & Girls Clubs Fox Valley

160 S. Badger Street, Appleton (920) 750-5839

www.cgcfv.org

The Center for Grieving Children offers on-going peer support programs for children, teens and families who are grieving the death of someone they love. There is no cost for services.

CHADD (Children and Adults with Attention Deficit/Hyperactivity Disorder)

(920) 735-1099

www.chadd.org

Primary objective is to provide a support network for parents and caregivers and improve the lives of people affected by AD/HD.

Crisis Intervention Center, Appleton

(920) 832-4646

Mental health, suicide hotline, and referrals.

Crisis Intervention Hotline, Oshkosh

(920) 722-7707

Down Syndrome Association of Wisconsin-Fox Cities

P.O. Box 2232 Appleton, WI 54912

Email: info@dsawfoxcities.org

www.dsawfoxcities.org

Family Services of North East Wisconsin, Inc.

1810 Appleton Road Menasha, WI 54952 (920) 739-4226

Offers counseling for family, marriage, individual, and children. Specialties include child-centered therapy, eating disorders, sexual abuse counseling, anxiety, depression, and mental health services.

Grandparent Support Group-JP Coughlin Center

625 E. County Road Y-Suite 600, Oshkosh (920) 232-1973

For grandparents/kin raising grandkids. Meets the 2nd Thursday of each month, September through June, 5:00-7:15 pm.

Harbor House

- 720 W. Fifth Street, Appleton (920) 832-1666
- 107 South Side Shopping Center, Chilton (920) 849-7819

www.harborhouseonline.org

Emergency shelter and counseling to families of domestic abuse.

Hmong American Partnership

2198 S. Memorial Drive, Appleton (920) 739-3192

Provides early intervention to teen and young adult parents.

Human Services-Calumet County

- 206 Court Street, Chilton (920) 849-1400
- 2306 S. Oneida Street, Appleton (by Appointment Only) (920) 989-2700

Human Services-Outagamie County

410 S. Walnut Street, Appleton (920) 832-4741

Human Services-Winnebago County

- 211 N. Commercial Street, Neenah (920) 729-4797
- 220 Washington Avenue, Oshkosh (920) 236-4620

Infant Death Center of WI-Children's Health Alliance

Grief resources for families who have lost a baby.

<http://www.chawisconsin.org/documents/GB4SupportDirectory.pdf>

Juvenile Diabetes Research Foundation

1800 Appleton Road, Suite 2, Menasha (920) 997-0038

We offer local programs to support newly diagnosed individuals and their families. Support groups are held in Green Bay and Menasha. A Family Directory of volunteer families willing to mentor other families is available.

Mom and Pop Place

117 W. Wisconsin Avenue, Neenah (920) 725-0488

www.momandpopplace.com

A parenting store and café dedicated to helping you parent to your fullest potential by offering unique, useful child-rearing products and a welcoming community of other parents. Toys, clothing, and accessories to workshops, playgroups, and a café.

Mothers of Preschoolers (MOPS)

www.mops.org

- 601 E. Glendale Avenue, Appleton (920) 739-9191
- 601 S. Washington, Combined Locks (920) 788-6492
- 1025 Tullar Road, Neenah (920) 722-5842
- 1072 Honey Creek Road, Oshkosh (920) 426-4142 or www.oshkoshmops.org

Oneida Tribal Social Services

2640 West Point Road, Green Bay (920) 496-7870

www.oneidanation.org/socialservices/

Runaway Program

160 S. Badger Street, Appleton (920) 731-0557 24-hour Runaway Hotline

The Runaway Program provides 24-hour support services for youth who have runaway from home or are homeless, or for the family of youth who have run. Program staff addresses emergency needs, provides guidance and counseling support, and mediate conflicts. Services are confidential, voluntary, and free.

Street Smart Resource Guide

www.bgclubfoxvalley.org/Images/Images/streetsmartonepage.pdf

Samaritan Counseling Center of Fox Valley Inc.

- 1478 Kenwood Drive, Suite 1, Menasha (920) 886-9319
- 110 Church Avenue, Oshkosh (920) 235-1678

www.samaritan-counseling.com

Provides counseling services for individuals, couples, families, children and adolescents. Additional services include parent support and education.

Teen Mothers of Preschoolers (MOPS)

(920) 358-0508

Email: fvteenmops@gmail.com

A fun, inspiring and encouraging group of MOMS of preschoolers that meets to socialize without interruptions and recharge our batteries while children are cared for in a loving environment.

Twin City Mothers of Twins Club

Email: Kelly.schoultz@kcc.com

Mothers of Twins, Fox Valley

Email: fvmom@fvmom.org

www.fvmom.org

Mother and Unborn Baby Care

526 W. Wisconsin Avenue, Appleton (920) 733-7334

Provides information to those who have questions about pregnancy, and related topics. Also provides free pregnancy test, maternity wear, and baby supplies.

NAMI Fox Valley (National Alliance on Mental Illness)

(920) 954-1550

www.namifoxvalley.org

NAMI Fox Valley exists to improve the quality of life for those with mental illness and their families and friends through education, support, and advocacy. Live well with mental illness.

Outagamie County Children's Community Options Program

401 S. Elm Street, Appleton (920) 832-5270

Outagamie County Healthy Start Program

401 S. Elm Street, Appleton (920) 832-5168

Helps pregnant women and their children with medical expenses.

Outagamie County Parent Resource Program

401 S. Elm Street, Appleton (920) 832-5161

Provides voluntary social work services to parents-to-be or parents with children under the age of 10 in need of support due to their feeling overwhelmed with their life situation.

Parent Connection

1810 Appleton Road, Menasha (920) 739-4226, ext. 108

36 Broad Street, Oshkosh (920) 233-6630, ext. 101

www.familyservicesnew.org/parent-connection/

- *Fatherhood Program*
- *Family Wellness Workshops*
- *Family Fun Events*
- *Parents as Teachers® Home Visitation Program*
- *Supervised Visitation & Exchange Program*
- *Teen Parent Mentoring Program*

Reach Counseling Services

1370 Commercial Street, Neenah (920) 722-8150

Provides counseling, advocacy, and other support services in an effort to heal and prevent sexual abuse.

Sexual Assault Crisis Center-Fox Cities, Inc.

17 Park Place, Suite 400, Appleton (920) 733-8119

We transform lives by providing crisis intervention, advocacy and counseling for individuals and families affected by sexual trauma and exploitation at no cost. We are committed to addressing the diverse needs of our community by providing prevention education and raising awareness to create a safer Fox Valley.

Social Security Administration

- 607 W. Northland Avenue, Appleton (800) 772-1213
- 400 City Center Suite B, Oshkosh (817) 445-0834

Able to help with any questions concerning Social Security, and any areas that are related to Social Security.

ThedaCare Behavioral Health

- Menasha (920)720-2300
- Oshkosh (920) 233-3838

Truancy Intervention Program (TIP)

(920) 424-2146

Designed to support Oshkosh area students who are experiencing problems with school attendance.

Truancy Reduction & Assessment Center (TRAC)

160 S. Badger Street, Appleton (920) 731-8255 or (920) 750-5830

www.bgclubfoxvalley.org

TRAC is a collaborative intervention program for youth who exhibit truant behavior. TRAC seeks to increase academic success, reduce juvenile crime, and improve service coordination for youth. TRAC's professional staff work with parents, schools, law enforcement, social workers, and others in a joint effort to make a positive difference in a truant youth's life. All services are free.

UMOS (United Migrant Opportunity Services)

300 N. Appleton Street, Appleton (800) 279-8667

Provides parenting assistance to migrant families and support services in employment and training.

UW-Extension

3365 W. Brewster Street, Appleton (920) 832-5121

www.uwex.edu/ces/cty/outagamie

Research-based information to improve the quality of life for families in the areas of agriculture, community, family, and youth development.

UW Extension Family Living

625 E. County Road Y, Oshkosh (920) 232-1970

Offers research-based programs on the following: financial management, tenant training, digital parenting, parenting, grand-parenting, food safety and preservation.

www.winnebago.uwex.edu

Winnebago County Human Services-Children's Community Options Program

- 220 Washington Avenue, Oshkosh (920) 236-4615
- 211 N. Commercial Street, Neenah (920) 727-2882

Family Case Managers assist families and able-bodied adults in finding and retaining employment and determine eligibility for work supports, such as child Care Assistance, Medicaid/Badger Care Plus, Food Share, emergency assistance, and refugee assistance.

Women, Infants and Children (WIC)

- **Calumet County**
206 Court Street, Chilton (920) 849-1420
- **Northern Winnebago County**
211 N. Commercial Street, Neenah (920) 729-2945
- **Oneida Tribal Reservation**
525 Airport Drive, Oneida (920) 869-4829
- **Outagamie County**
410 S. Walnut Street, Appleton (920) 832-5109
- **Winnebago County**
112 Otter Avenue, Oshkosh (920) 232-3350

A supplemental food and nutrition program for pregnant women, women who are breast-feeding, and infants and children up to age 5. Breast pumps available based on eligibility.

Youth and Family Counseling

160 S. Badger Street, Appleton (920) 731-0555 (office) (920) 750-5838 (direct)
www.bgclubfoxvalley.org

The Youth & Family Counseling Program provides behavioral and mental health services for children, youth and their families, often during the after-school and evening hours. Programming includes individual, family and group counseling opportunities. No insurance is needed as all services are free of charge.

FINANCIAL ASSISTANCE

Advocap

- 181 E. North Water, Neenah (920) 725-2791
- 2929 Harrison Street, Oshkosh (920) 426-0150

Provides assistance with housing.

Almost Home

912 Midway Road, Menasha (920) 851-3497.

Designed to help current Habitat For Humanity homeowners remain successful in the ownership and to help Habitat For Humanity applicants improve their status for eligibility for home ownership. A Goodwill NCW partnership program with Habitat For Humanity.

American Red Cross

515 S. Washburn Street Suite 201, Oshkosh (920) 231-3590

Designed to coordinate temporary, emergency services for those in need. Assistance may include rental, utility, job-related needs, and transportation.

Ameritech

(800) 924-1000

Provides telephone assistance grants for low-income families.

Earned Income Credit

(800) 829-3676

Provides a tax credit for low income working families with children.

Economic Support Division - Calumet County

206 Court Street, Chilton (920) 849-1400 or (920) 989-2700

Economic Support Division - Outagamie County

401 S. Elm Street, Appleton (888) 256-4563

www.access.wi.gov

Economic Support Division - Winnebago County

220 Washington Avenue, Oshkosh (888) 256-4563

www.access.wi.gov

Energy Assistance Program

For appointments for energy assistance in Calumet County call (800) 585-1795.

For appointments for energy assistance in the Fox Cities (Appleton, Neenah, Menasha, Oshkosh) call (800) 506-5595

For questions about already existing appointments in the Fox Cities, contact an office in your area:

Oshkosh- 231-0600

Menasha- 729-1433

Appleton- 735-0010

Provides financial assistance with energy bills and energy counseling to low income households with heat burdens based on gross family income for three months.

Energy Services for Winnebago County

303 Pearl Avenue, Suite D, Oshkosh (800) 506-5596

Apply for home energy assistance.

Financial Information Service Center (FI\$C)

- 1800 Appleton Road, Menasha (920) 886-1000
- 36 Broad Street, Oshkosh (920) 231-9520

Provides an education series aimed to help people improve the quality of their lives through the teaching and application of sound financial services. Also offers debt management plans to help repay debts to creditors.

Forward Services Corporation**Wisconsin Works (W-2) & Emergency Assistance (EA)**

- 1050 Midway Road, Menasha 886-7118
- 2201 Oregon Street, Oshkosh (920) 292-1330

Services W-2 programs for Calumet, Outagamie, and Winnebago Counties.

Free Application for Student Aid (FAFSA)

<http://www.fafsa.edu.gov/FAFSA>

A free online application to apply for Federal Student Aid for those who need financial assistance to return or continue attending college.

LEAVEN

- 1475 Opportunity Way, Menasha (920) 738-9635
- 206 Court St, Chilton (Tuesday mornings) (920) 849-1400 or (920) 989-2700 x400

Helps with rental, utilities, gas vouchers, mortgages, security deposits, diapers, and bus ticket emergency assistance.

Legal Action of Wisconsin

404 N. Main Street, Suite 702, Oshkosh (920) 233-6521

201 W. Walnut Street, Suite 203, Green Bay (800) 236-1127 or (920) 432-4645

Assists low income individuals with legal representation.

Oshkosh Family Inc. (Winnebago County)

36 Broad Street, Oshkosh (920) 231-9520

Provides budget counseling and representative payee services.

FOOD & CLOTHING

Bread of Life/Salvation Army Assistance Center

16 E. Main Street, Chilton (920) 849-7856 (No lunch provided)

Community Clothes Closet

1465B Opportunity Way, Menasha (920) 731-7834

www.communityclothescloset.org

Provides free clothing and diapers to those in need.

Evangel Worship Center

357 Broad Street, Menasha (920) 725-7252

www.evangelworshipcenter.com

Freedom from Hunger Pantry

1110 S. Oneida Street, Appleton (920) 427-5356

Goodwill Grows

1800 Appleton Road, Menasha (920) 968-6859

Nurturing food relationships through work on self-sufficiency, food security, nutrition and community food culture through Community Gardens.

Hidden Treasures

361 S. Main Street, Brillion (920) 524-2000

Hortonville Community Food Pantry

N848 Industrial Drive, Dale (920) 779-6705

New London Community Cupboard

600 Washington Street, New London (920) 982-8500

Oneida Tribal Food Distribution Program

N7360 Water Circle Drive, Oneida (920) 869-1041

Food program for people residing on reservation land and tribal members.

Oshkosh Area Community Pantry

2551 Jackson Street, Oshkosh (920) 235-9368

www.svdposhkosh.org

Ruth's Pantry

8396 Steeple Hill Drive, Larsen

www.glcw.org

Salvation Army (provides lunch meals)

- 130 E. North Street, Appleton (920) 734-3324
- 417 Algoma Blvd., Oshkosh (920) 232-7660

Seymour Community Food Pantry

328 North Main Street, Seymour (Seymour Municipal Building) (920) 833-7347
Distributes fresh produce, bakery and canned items. 2nd and 4th Tuesdays of each month from 9:30 to 11:00 a.m.

St. Joseph's Food Program

1465 Opportunity Way, Menasha (920) 734-9461
www.stjoesfoodprogram.org

St. Paul's Church

200 N. Commercial Street, Neenah (920) 725-3961
Free meals Saturdays at 11:30 a.m.

St. Thomas Episcopal Church

226 Washington Street, Menasha (920) 725-5601
Free meals on Mondays & Thursdays at 11:30 a.m.

St. Vincent DePaul

463 S. 8th Street, Hilbert (920) 853-3449

St. Vincent DePaul

1234 Tekla Place, Kiel (920) 894-7834

Women, Infants and Children (WIC)

- **Calumet County**
206 Court Street, Chilton (920) 849-1420
- **Northern Winnebago County**
211 N. Commercial Street, Neenah (920) 729-2945
- **Oneida Tribal Reservation**
525 Airport Drive, Oneida (920) 869-4829
- **Outagamie County**
410 S. Walnut Street, Appleton (920) 832-5109
- **Winnebago County**
112 Otter Avenue, Oshkosh (920) 232-3350

A supplemental food and nutrition program for pregnant women, women who are breast-feeding, and infants and children up to age 5. Breast pumps available based on eligibility.

LOCAL FOOD RESOURCES - Revised June 2015

APPLETON AREA FOOD PANTRY LIST

AGENCY	ADDRESS/PHONE	DAYS/HOURS	ELIGIBILITY	HOW OFTEN
Salvation Army Pantry <i>Financial Eligibility Applies</i>	130 E. North St. Appleton, WI 54915 920-734-3324	Interviews: Monday - Friday 8:00 - 10:30 a.m. Food Pickup Monday - Friday 8:30 - 11:30 a.m.	Registration Required: <ul style="list-style-type: none"> • <i>Social Security or Forward Cards for all household members</i> • <i>Photo ID</i> • <i>Proof of Address</i> • <i>Proof of Household Income</i> 	1x a month
ATC Storehouse Food Pantry	Apostolic Truth Church 2720 Kesting Court Appleton, WI 54911 920-738-7800	Wednesday Evenings After Worship: 7:00 p.m. Worship 8:15 p.m. Pantry* <i>(Also includes personal care items, sugar-free items and gluten-free items if needed)</i>	Anyone Bring photo ID	1x a week
Freedom Center Food Pantry	Freedom Center 1110 S. Oneida St. Appleton, WI 54914 920-412-7582	Wednesday 3:00 - 6:00 p.m.	Anyone Requirements: <ul style="list-style-type: none"> • Photo ID- Primary Caregiver • One form of ID for each household member (Social Security or Forward Card) 	1x a week

Appleton Food Pantry Weekly Schedule

(Check guidelines for registration and eligibility requirements)

You **DO NOT** have to call ahead for food at the following locations:

For **Salvation Army**, you must be registered before you can receive food the first time only.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Salvation Army 8:30am - 11:30am St. Joseph's Food Pantry 9:30am - 11:30am 5:30pm - 7:45pm	Salvation Army 8:30am - 11:30am St. Joseph's Food Pantry 9:30am - 11:30am	Salvation Army 8:30am - 11:30am St. Joseph's Food Pantry 9:30am - 11:30am Freedom Center 3:00pm - 6:00pm ATC Storehouse Food Pantry 7pm Worship/8:15pm Pantry	Salvation Army 8:30am - 11:30am St. Joseph's Food Pantry 9:30am - 11:30am	Salvation Army 8:30am - 11:30am St. Joseph's Food Pantry 9:30am - 11:30am	

To determine if you are eligible for **Food Share***:

Call 1-888-256-4563 or visit Human Services at 401 S. Elm Street in Appleton for an application or check online at www.access.wi.gov

To determine if you are eligible for **WIC (Women, Infants, & Children)**:

Call (920)832-5109 or visit 410 S. Walnut Street in Appleton to be pre-screened for income eligibility.

Potentially eligible participants include pregnant and breastfeeding women, women who have delivered in last 6 months, infants and children under 5 years of age.

NEENAH/MENASHA AREA FOOD PANTRY LIST

AGENCY	ADDRESS/PHONE	DAYS/HOURS	ELIGIBILITY	HOW OFTEN
Salvation Army Pantry (ADVOCAP Building) Financial Eligibility Applies	181 E. North Water St. Neenah, WI 54956 920-734-3324 ADVOCAP 920-725-2791	Every Wednesday 9:00 a.m. - 1:00 p.m. (Closed on Christmas Day and New Year's Day)	Winnebago Co. Residents Registration Required: <ul style="list-style-type: none"> • Social Security Cards for all members of the household • Photo ID • Proof of Address • Proof of Household Income BRING YOUR OWN BAGS, BOXES, EGG CARTONS	1x a month (Every 30 days)
St. Joseph's Food Program, Inc.	1465 Midway Rd. Menasha, WI 54952 920-734-9461	Monday - Friday 9:30 a.m. - 11:00 a.m. Interviews & Food Pick Up <u>Monday Evening ONLY</u> Interviews 5:30 p.m. - 7:30 p.m. Food Pick Up 5:30 p.m. - 7:45 p.m.	NO Oshkosh Residents Registration Required: <ul style="list-style-type: none"> • Social Security Cards for all members of the household • Photo ID • Proof of Address • Proof of Household Income BRING YOUR OWN BAGS, BOXES, EGG CARTONS	1x a week
Cornerstone Church Fox Valley	357 Broad Street Menasha, WI 54952 920-725-7252	First Saturday of each Month 8:00 a.m. - 11:00 a.m.	Anyone Bring Photo ID or Name and Address	1x a month
Cries of the Heart Outreach Ministries	1907 American Drive Neenah, WI 54956 920-540-3017	<u>By Appointment Only</u> 7 days a week	Anyone	1x a week
St. Thomas Episcopal Church	226 Washington Street Menasha, IW 54952	Monday through Friday 9:00 a.m. - 1:00 p.m.	Anyone Bring two forms of ID Two bags of non-perishables provided	1x a month

Neenah/ Menasha Food Pantry Weekly Schedule
 (Check guidelines for registration and eligibility requirements)

CALL AHEAD to receive food at the following pantries:

Cries of the Heart Outreach Ministries - By Appointment 7 Days a Week: 920-540-3017

You DO NOT have to call ahead for food at the following locations:

For **Salvation Army**, you must be registered before you can receive food the first time only.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
St. Joseph's Food Pantry 9:30 am - 11:30 am 5:30 pm - 7:45 pm St. Thomas Episcopal Church 9 a.m. - 1:00 pm	St. Joseph's Food Pantry 9:30am - 11:30 am St. Thomas Episcopal Church 9 a.m. - 1:00 pm	St. Joseph's Food Pantry 9:30am - 11:30 am St. Thomas Episcopal Church 9 a.m. - 1:00 pm Salvation Army Pantry - Neenah (ADVOCAP) 9:00am - 1:00pm	St. Joseph's Food Pantry 9:30am - 11:30 am St. Thomas Episcopal Church 9 a.m. - 1:00 pm	St. Joseph's Food Pantry 9:30 am - 11:30 am St. Thomas Episcopal Church 9 a.m. - 1:00 pm	Cornerstone Church - Fox Valley 8:00am-11:00am <i>(1st Saturday Only)</i>

To determine if you are eligible for **Food Share***:

Call 1-888-256-4563 or visit Human Services at 211 N. Commercial Street in Neenah for an application or check online at www.access.wi.gov

To determine if you are eligible for **WIC (Women, Infants, Children)**:

Call (920)-729-2945 or visit 211 N. Commercial Street - 2nd Floor in Neenah to be pre-screened for income eligibility. Potentially eligible participants include pregnant and breastfeeding women, women who have delivered in last 6 months, infants and children under 5 years of age.

OSHKOSH AREA FOOD PANTRY LIST

AGENCY	ADDRESS/PHONE	DAYS/HOURS	ELIGIBILITY	HOW OFTEN
Emmanuel United Church of Christ	1306 Michigan St. Oshkosh, WI 54901 920-235-8340	<i>(Call between 8:00-9:30am for same day pick-up)</i> Tuesday, Wednesday, & Friday 8:30 - 11:30 a.m.	Call First Oshkosh Residents Only Proof of Address Required	1x a month
Father Carr's Food Bank	1062 N. Koeller St. Oshkosh, WI 54901 920-231-2378	Fridays 9:00 a.m. - 11:45 p.m. <i>Bread available every day from 9am to 9pm.</i>	Anyone Registration Required Photo ID	1x a week
His Church - World Outreach Center	2704 Jackson Street 426-4596	Friday 9:00am - 1:00pm	Anyone Bring photo ID BRING YOUR OWN BAGS, BOXES, EGG CARTONS	1x a month
Oshkosh Area Community Pantry (St. Vincent DePaul) <i>(Servicing Oshkosh, Omro, Winneconne, Wausau, Picket, Fisk, Butte de Mortes, Rush Lake, and Eureka)</i>	2551 Jackson St. Oshkosh, WI 54901 920-651-9960	Monday 3:00 - 7:00 p.m. Tuesday - Thursday 10:00 a.m. - 3:00 p.m. Saturday 9:00 a.m. - 12:45 p.m.	<ul style="list-style-type: none"> • Resident - Southern Winnebago County (NO - Neenah, Menasha, or Red Granite Residents) • 2 forms of ID (one with photo) for the Primary Caregiver & 1 for each person in the household • Show proof of having applied for Food Share Benefits within 90 days of registration. BRING OWN BAGS, BOXES, EGG CARTONS	1x a month - Pick Dates <u>by Last Name</u> Days 1-7: A-E Days 8-15: F-K Days 16-23: L-R Days 24-30/31: S-Z
Salvation Army & ADVOCAP <i>Financial Eligibility Applies</i>	417 Algoma Blvd. Oshkosh, WI 54901 920-232-7660 <i>(Use back door on High Street)</i>	Monday - Friday 9:00 a.m. - 11:40 a.m.	Oshkosh Residents only Registration Required (Make an appointment for initial interview): <ul style="list-style-type: none"> • Social Security Cards for all household members • Photo ID • Proof of Address • Proof of Income for last 30 days BRING YOUR OWN BAGS, BOXES, EGG CARTONS	1x a month - each 30 days

Lutheran Pantry <i>(Zion Church, First English Church, & Peace Lutheran Church)</i>	714 Division St. Oshkosh, WI 54901 920-379-4774	Mondays, Tuesdays & Thursdays 8:00am-10:30am	Anyone Proof of ID Required Proof of Residence Required BRING YOUR OWN BAGS, BOXES, EGG CARTONS	1x a month
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Oshkosh Food Pantry Weekly Schedule

(Check guidelines for registration and eligibility requirements)

CALL AHEAD to receive food at the following pantries:

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Emmanuel United Church of Christ <i>(Call between 8:00-9:30 am for same day pick up: 235-8340)</i> Pick up time: 8:30-11:30am	Emmanuel United Church of Christ <i>(Call between 8:00-9:30 am for same day pick up: 235-8340)</i> Pick up time: 8:30-11:30am		Emmanuel United Church of Christ <i>(Call between 8:00-9:30 am for same day pick up: 235-8340)</i> Pick up time: 8:30-11:30am	

You DO NOT have to call ahead for food at the following locations:

For **Salvation Army**, you must be registered before you can receive food the first time only.

For the **Oshkosh Area Community Pantry**, please follow the alphabetical schedule after first registration.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Salvation Army 9:00am - 11:00 am Oshkosh Area Community Pantry 3:00pm - 7:00pm Lutheran Pantry 8:00am -10:30am	Salvation Army 9:00am - 11:40 am Oshkosh Area Community Pantry 10:00am - 3:00pm Lutheran Pantry 8:00am -10:30am	Salvation Army 9:00am - 11:40 am Oshkosh Area Community Pantry 10:00am - 3:00pm	Salvation Army 9:00am - 11:40 am Oshkosh Area Community Pantry 10:00am - 3:00pm Lutheran Pantry 8:00am -10:30am	Salvation Army 9:00am - 11:40 am Father Carr's Food Bank 9:00am - 11:45am His Church 9:00am - 1:00pm	Oshkosh Area Community Pantry 9:00am - 12:45pm

To determine if you are eligible for **Food Share***:

Call 1-888-256-4563 or visit Human Services at 220 Washington Ave for an application or check online at www.access.wi.gov

To determine if you are eligible for **WIC (Women, Infants, & Children)**:

Call (920)-232-3350 or visit 112 Otter Ave. to be prescreened for income eligibility. Potentially eligible participants include pregnant and breastfeeding women, women who have delivered in last 6 months, infants and children under 5 years of age.

FOX VALLEY RURAL AREAS FOOD PANTRY LIST

AGENCY	ADDRESS/PHONE	DAYS/HOURS	ELIGIBILITY	HOW OFTEN
Bread of Life Salvation Army Extension <i>Financial Eligibility Applies</i>	227 E. State Street Black Creek, WI 54106 920-984-9305	Monday 9:00 - 11:30 a.m. 3:30 - 6:00 p.m. *Not open on holidays	Outagamie Co. Resident Registration Required: <ul style="list-style-type: none"> • Social Security Cards for all household members • Photo ID • Proof of Address • Proof of Household Income BRING YOUR OWN BAGS, BOXES, EGG CARTONS	1x a month
Hortonville Area Community Food Pantry* <i>(Servicing Hortonville New London, Clintonville, Bear Creek and other surrounding rural areas North of Greenville.)</i>	N848 Industrial Drive Dale, WI 54931 920-779-6705	Wednesdays 12:00 - 1:30 p.m. 5:30 - 6:30 p.m.	Registration Required: <ul style="list-style-type: none"> • Social Security Cards for all household members • Photo ID • Proof of Address • Proof of Household Income 	1x a week
Loaves and Fishes Food Pantry - (St. Katharine Drexel Parish - <i>Servicing Kaukauna, Little Chute & Combined Locks</i>)	2400 Crooks Avenue Kaukauna, WI 54130 (Old Family Dollar Store) 920-766-9131	Tuesdays 8:30 - 10:30 a.m.	Registration Required: <ul style="list-style-type: none"> • Social Security Cards for all household members • Photo ID • Proof of Address • Proof of Household Income 	1x a week
Omro Community Food Pantry	310 N. Webster Avenue Omro, WI 920-685-2529	Tuesday & Thursday 9:30am - 3:30pm	Omro School District Residents Photo ID required	1x a month
Ruth's Pantry Grace Lutheran Church	8396 Steeple Hill Dr. Larsen, WI 54947 920-836-2382	Mondays 9:00 - 10:30 a.m. 6:30 - 8:00 p.m.	Registration Required: <ul style="list-style-type: none"> • <i>Social Security Cards for all household members</i> • <i>Photo ID</i> • <i>Proof of Address</i> • <i>Proof of Household</i> 	1x a week

			<i>Income</i>	
Ruby's Pantry Shepherd of the Hills Lutheran Church	N1516 Meadowview Dr. Greenville, WI Contact Julie - 920- 422-0534	1 st Saturday of the Month Registration 8 a.m. -10 a.m. Distribution 9 a.m.-until completed	Anyone <ul style="list-style-type: none"> • \$20 towards cost of trucking food; Share of food is free. • More than one share of food can be obtained for an extra \$20 per share 	1x month
Seymour Community Food Pantry	Seymour Municipal Building 328 North Main Street Seymour, WI 54165	Every other Tuesday 9:30-11:00 a.m.	Contact Karen Koebe 920-833-7347	Call 833-7347
Winneconne Area Assistance Center <i>(May assist with other needs - rent/utilities/etc.) (Location - Old Baptist Church on the corner of 3rd & Adams)</i>	Winneconne Elementary School 201 S. 3 rd Street Winneconne, WI 920-582-7784 or 582-0639 or 851-5757	Wednesday 5:00 - 6:30 p.m. Saturday 9:00 - 10:30 a.m.	Winneconne School District Residents Only Registration Required after 1 st visit: <ul style="list-style-type: none"> • Photo ID and Proof of ID for all household members • Proof of Address • Proof of Income 	Every two weeks

Fox Valley Rural Areas Food Pantry Weekly Schedule

(Check guidelines for registration and eligibility requirements)

You DO NOT have to call ahead for food at the following locations:

For Salvation Army, Hortonville Area Food Pantry, Loaves and Fishes Food Pantry, and Ruth's Pantry, you must be registered before you can receive food the first time only.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LARSEN - Ruth's Pantry- Grace Lutheran Church 9:00am-10:30am 6:30pm-8:00pm BLACK CREEK - Bread of Life (Salvation Army) 9:00am-11:30am 3:30pm-6:00pm (Closed Holidays)	OMRO Community Food 9:30am-3:30pm KAUKAUNA- Loaves and Fishes (St. Katharine Drexel Parish) 8:30am-10:30am	WINNECONNE Area Assistance Center 5:00pm-6:30pm HORTONVILLE Area Community Food Pantry 12:00pm-1:30pm 5:30pm-6:30pm	OMRO Community Food 9:30am-3:30pm		WINNECONNE Area Assistance Center 9:00am-10:30am GREENVILLE- Ruby's Pantry Shepherd of the Hills Lutheran Church Registration 8 a.m. - 10 a.m. Distribution 9 a.m.

To determine if you are eligible for **Food Share***:

Call 1-888-256-4563 or visit your closest Human Service office for an application or check online at:

www.access.wi.gov

To determine if you are eligible for **WIC (Women, Infants, & Children)**:

Call or visit your closest WIC office to be pre-screened for income eligibility.

Potentially eligible participants include pregnant and breastfeeding women, women who have delivered in last 6 months, infants and children under 5 years of age.

ALL AREA MEAL SITES

AGENCY	ADDRESS/PHONE	DAYS/HOURS	ELIGIBILITY
Community Meal <i>Immanuel United Church of Christ</i>	118 Oak St. Neenah, WI 54956 920-722-0381	Dinner Only (<i>Closed Holidays</i>) 1 st & 3 rd Wednesdays 5:00 p.m. - 6:30 p.m.	Anyone
Fox Valley Community Table Sites:			
<i>St. Paul's Lutheran Church</i>	200 N. Commercial St. Neenah, WI 54956 920-725-3961	Lunch Only Tuesday and Saturday 11:30 a.m. - 12:30 p.m.	Anyone
<i>Double Portion Soup Kitchen Partners:</i> - <i>St. Thomas</i> - <i>St. Patrick's Catholic</i> - <i>Christ the Rock</i> - <i>Calvary Bible</i>	St. Thomas Church 226 Washington St. Menasha, WI 54952 920-725-5601	Lunch Only Monday, Wednesday and Thursday (<i>Except the 3rd Wed.</i>) 11:30 a.m. - 12:30 p.m.	Anyone
Salvation Army:			
<i>Appleton Location</i>	130 E. North Street Appleton, WI 54915 920-734-3324	Lunch Only Monday through Saturday 11:30 a.m. - 12:30 p.m. Sunday 12:00 p.m. - 1:00 p.m.	Anyone
<i>Oshkosh Location</i>	417 Algoma Blvd. Oshkosh, WI 54901 920-232-7660	Lunch (Hot Meal) <i>Monday through Friday</i> 11:00 a.m. - 12:20 p.m. Dinner (Hot Meal) Tuesday 4:30 - 5:20 p.m.	Anyone (<i>"Sack Supper" available at lunch time on Monday, Wednesday, Thursday, & Friday</i>)
Father Carr's	1062 N. Koeller St. Oshkosh, WI 54901 920-231-2378	Lunch - NOON 11:30 a.m. - Men's meal Noon - Women's meal Dinner - 5PM 4:30 p.m. - Men's meal 5:00 pm - Women's meal	Anyone - 7 days a week
Loaves and Fishes Programs:			
<i>Trinity Lutheran Church</i>	209 S. Allen St. Appleton, WI 734-9895	Dinner Monday, Wednesday, Friday (<i>No Holidays</i>) 5:30 pm-6:30 pm	Anyone
<i>Trinity Episcopal Church</i>	311 Division St. Oshkosh, WI 54901 231-2420	1 st , 3 rd , and 5 th Saturdays Lunch 11:30 a.m. - 12:30 a.m.	Anyone

ALL AREAS MEAL SITES WEEKLY SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>APPLETON - Salvation Army 11:30am- 12:30pm</p> <p>OSHKOSH - Father Carr's 11:30 am - Men's meal 12:00 pm - Women's meal</p> <p>OSHKOSH - Salvation Army 11:00am- 12:20pm <i>(*NOTE- Sack Supper Available)</i></p> <p>MENASHA- Double Portion Soup Kitchen St. Thomas Church 11:30am- 12:30pm</p>	<p>APPLETON - Salvation Army 11:30am- 12:30pm</p> <p>OSHKOSH - Father Carr's 11:30 am - Men's meal 12:00 pm - Women's meal</p> <p>OSHKOSH - Salvation Army 11:00am- 12:20pm</p> <p>NEENAH- St. Paul's Lutheran Church 11:30am- 12:30pm</p>	<p>APPLETON - Salvation Army 11:30am- 12:30pm</p> <p>OSHKOSH - Father Carr's 11:30 am - Men's meal 12:00 pm - Women's meal</p> <p>OSHKOSH - Salvation Army 11:00am- 12:20pm <i>(*NOTE- Sack Supper Available)</i></p> <p>MENASHA- Double Portion Soup Kitchen St. Thomas Church 11:30am- 12:30pm <i>*(Closed 3rd Wed. of Month)</i></p>	<p>APPLETON - Salvation Army 11:30am- 12:30pm</p> <p>OSHKOSH - Father Carr's 11:30 am - Men's meal 12:00 pm - Women's meal</p> <p>OSHKOSH - Salvation Army 11:00am- 12:20pm <i>(*NOTE- Sack Supper Available)</i></p> <p>MENASHA- Double Portion Soup Kitchen St. Thomas Church 11:30am- 12:30pm</p>	<p>APPLETON - Salvation Army 11:30am- 12:30pm</p> <p>OSHKOSH - Father Carr's 11:30 am - Men's meal 12:00 pm - Women's meal</p> <p>OSHKOSH - Salvation Army 11:00am- 12:20pm <i>(*NOTE- Sack Supper Available)</i></p>	<p>APPLETON - Salvation Army 11:30am- 12:30pm</p> <p>OSHKOSH - Father Carr's 11:30 am - Men's meal 12:00 pm - Women's meal</p> <p>OSHKOSH - Loaves and Fishes - Trinity Episcopal 11:30am - 12:30pm 1st, 3rd, & 5th Saturdays</p> <p>NEENAH- St. Paul's Lutheran Church 11:30am- 12:30pm</p>	<p>APPLETON - Salvation Army 12:00pm- 1:00pm</p> <p>OSHKOSH - Father Carr's 11:30 am - Men's meal 12:00 pm - Women's meal</p>
<p>OSHKOSH - Father Carr's 4:30 pm - Men's meal 5:00 pm - Women's meal</p> <p>APPLETON- Loaves and Fishes Trinity Lutheran <i>(No Holidays)</i> 5:30pm - 6:30pm</p>	<p>OSHKOSH - Father Carr's 4:30 pm - Men's meal 5:00 pm - Women's meal</p> <p>OSHKOSH - Salvation Army 4:30-5:20pm <i>(*NOTE- Sack Supper Available at lunchtime all other weekdays)</i></p>	<p>OSHKOSH - Father Carr's 4:30 pm - Men's meal 5:00 pm - Women's meal</p> <p>APPLETON- Loaves and Fishes - Trinity Lutheran <i>(No Holidays)</i> 5:30pm -6:30pm</p> <p>NEENAH - Community Meal - Immanuel United Church of Christ - <i>(No Holidays)</i> 1st & 3rd Wednesdays Only 5:00-6:30 pm</p>	<p>OSHKOSH - Father Carr's 4:30 pm - Men's meal 5:00 pm - Women's meal</p> <p>APPLETON- Loaves and Fishes - Trinity Lutheran <i>(No Holidays)</i> 5:30pm -6:30pm</p>	<p>OSHKOSH - Father Carr's 4:30 pm - Men's meal 5:00 pm - Women's meal</p>	<p>OSHKOSH - Father Carr's 4:30 pm - Men's meal 5:00 pm - Women's meal</p>	<p>OSHKOSH - Father Carr's 4:30 pm - Men's meal 5:00 pm - Women's meal</p>

HEALTH & DENTAL CARE

AIDS Resource Center of Wisconsin-ARCW

- 445 S. Adams Street, Green Bay (920) 437-7400
- 633C W. Wisconsin Avenue, Appleton (920) 733-2068

HIV antibody testing and counseling.

BadgerCare Plus

(888) 256-4563

www.access.wi.gov

A Forward Health Program that provides health insurance coverage to pregnant women and low income families with children under age 19.

Bella Medical Clinic

1484 W. South Park Avenue, Oshkosh (920) 231-6006

Provides accurate information and education on pregnancy options, pregnancy, STD's, reproductive health, birth control, medical and community resources.

Economic Support Division - Winnebago County

315 Algoma Blvd., Oshkosh (920) 236-4600

Living Healthy Community Clinic

510 Doctors Court, Oshkosh (920) 424-1241

Provides medical, dental, and vision care to those without insurance for Winnebago County residents only.

Medicaid HMO Enrollment Specialist

(888) 256-4563

Assists individuals in choosing MA HMO, answer questions and helps handle HMO problems.

Menasha Public Health Department

316 Racine Street, Menasha (920) 967-3520

www.cityofmenasha-wi.gov

Oral health screenings, fluoride varnish applications, and dental sealants for age appropriate children attending the Menasha School District only.

Mental Health Services

211 N. Commercial Street, Neenah (920) 729-4811

Provides mental health outpatient counseling and treatment plans for persons with chronic mental illness in Winnebago County.

Outagamie County Economic Support

401 S. Elm Street, Appleton (888) 256-4563

Partnership Community Health Center

1814 N. Appleton Road, Menasha (920) 731-7445

For medical and mental health care. Provides care to the insured, underinsured and uninsured.

Partnership for Prescription Assistance

(888) 477-2669

www.pparx.org

Free or reduced cost drugs to low income patients.

Planned Parenthood

- 508 W. Wisconsin Avenue, Appleton (920) 731-6304
- 378 S. Koeller Street, Oshkosh (920) 235-0115

www.plannedparenthood.org

Pregnancy testing, emergency contraception and birth control pick ups are available on a walk-in basis. All other services require an appointment.

American Red Cross

- 1302 E. Wisconsin Avenue, Appleton (920) 733-4481
- 181 E. North Water Street, Neenah (920) 722-2871
- 515 S. Washburn, Suite 201, Oshkosh (920) 231-3590

Offers infant and child CPR and first aid classes.

ThedaCare on Call

(920) 830-6877

www.thedacare.org

Valley Health Clinic

1201 W. Tuckaway Lane, Menasha (920) 733-4433

Assistance to individuals struggling with chemical dependency.

Vision- infant/child

www.InfantSEE.org

Website to help locate local providers of no-cost eye exams for infants and children

Womankind Medical Clinic

345 E. Wisconsin Avenue, Appleton (920) 731-4354

Pregnancy tests, pap and pelvic exams, breast exams, and STD testing. Confidential and at no cost.

DENTAL CARE

- **Dental Associates**
4600 W. College Avenue, Appleton (920) 730-0345
- **Partnership Health Center**
5337 Grand Market Drive, Appleton (920) 731-7445
For non-emergency dental care. Provides care to the insured, underinsured and uninsured.
- **Menasha Public Health Department**
316 Racine Street, Menasha (920) 967-3520
www.cityofmenasha-wi.gov
Oral health screenings, fluoride varnish applications, and dental sealants for age appropriate children.
- **Tri-County Community Dental Clinic**
9 Tri-Parkway, Appleton (920) 882-5500
www.tricountydental.org
A volunteer dental clinic whose mission is to provide quality oral health care services in a caring and compassionate manner to those individuals in Calumet, Outagamie, and Winnebago counties whose access to dental health care is limited due to inadequate income, or reduced access to Medicaid care.

HEALTH DEPARTMENTS

- **Appleton Health Department**
100 Appleton Street, Appleton (920) 832-6429
www.appleton.org
- **Calumet County Department of Health & Human Services**
206 Court St, Chilton (920) 849-1432 or (920) 989-2700
www.co.calumet.wi.us
- **Menasha Health Department**
316 Racine Street, Menasha (920) 967-3520
www.cityofmenasha-wi.gov
- **Oneida Community Health Nursing (Oneida Tribal Reservation)**
525 Airport Drive, Oneida (920) 869-4840
www.oneidanation.org/HealthCenter/page.aspx?d=4766
- **Winnebago County Health Department**
112 Otter Avenue, Oshkosh (920) 232-3000
211 N. Commercial Street, Neenah (920) 727-2894
www.co.winnebago.wi.us/health
*Serving City of Oshkosh, City of Neenah, City of Omro, Village of Winneconne,
and surrounding townships.*
- **Outagamie County Division of Public Health**
401 S. Elm Street, Appleton (920) 832-5100
www.co.outagamie.wi.us

HOSPITALS

Aurora Medical Group

855 N. Westhaven Drive, Oshkosh (920) 456-6000

Calumet Medical Center

614 S. Memorial Drive, Chilton (920) 849-2386

Children's Hospital of Wisconsin

130 2nd Street, Neenah (920) 969-7900

www.chw.org/foxvalley

Mercy Medical Center

500 S. Oakwood Road, Oshkosh (920) 236-2000

St. Elizabeth Hospital

1506 S. Oneida Street, Appleton (920) 738-2000

ThedaCare Regional Medical Center - Appleton (formerly Appleton Medical Center)

1818 N. Meade Street, Appleton (920) 731-4101

ThedaCare Regional Medical Center - Neenah (formerly Theda Clark)

130 Second Street, Neenah (920) 729-3100

HOUSING

Appleton Housing Authority

925 W. Northland Avenue, Appleton (920) 739-6811

www.appletonhousing.org

Provides affordable housing to Appleton residents who have a low income or are disabled.

American Red Cross

515 S. Washburn Street Suite 201, Oshkosh (920) 231-3590

Designed to coordinate temporary, emergency services for those in need. Assistance may include rental, utility, job-related needs, and transportation.

Bread of Life/Salvation Army Assistance Center

16 E. Main Street, Chilton (920) 849-7856

Brillion Housing Authority

(920) 756-3041

Calumet County Health and Human Services

206 Court Street, Appleton (920) 849-1400 or (920) 989-2700

Chilton Housing Authority

(920) 849-7042

Christine Ann Domestic Abuse Services, Inc.

- 1416 S. Commercial Street, Neenah (920) 729-5727
- 206 Algoma Blvd, Oshkosh (920) 235-5998

Provides a wide array of programs and services to meet the complex needs of domestic violence victims, their children and communities in Winnebago and Green Lake Counties including: emergency shelter, 24 hour helpline, support groups, legal advocacy, children's programming, teen programming, individual support, community referrals and advocacy and offender programming.

COTS (Community Outreach Temporary Services)

www.appletoncots.org

1003 W. College Avenue, Appleton (920) 831-6591-Low cost housing for single women.

913 S. West Avenue, Appleton (920) 734-3609-Low cost housing for single men.

Day by Day Warming Shelter

449 High Avenue, Oshkosh (920) 203-4865

Email: shelteroshkosh@gmail.com

Seeks to provide temporary emergency shelter for adult men and women who have no other sheltering options.

Homeless Connections

400 N. Division Street, Appleton (920) 734-9192

www.homelessconnections.net

Provides temporary shelter, food, and programs to those who are without a home.

Fair Housing Council

(877) 647-3247

www.fairhousingwisconsin.com

Provides advocacy for housing discrimination. Assists in pursuing legal rights if a landlord discriminates against you.

Father Carr's Place 2B

1965 Oshkosh Avenue, Oshkosh (920) 231-2378

Offers emergency shelter and meets specific needs of families.

Fox Valley Warming Shelter

1928 W. College Avenue, Appleton (behind SVDP Thrift Store) (920) 832-1479

<http://foxvalleywarmingshelter.org/>

Open 5:00 p.m. to 8:00 a.m., 7 days a week.

Habitat for Humanity

- 921 Midway Road, Menasha (920) 954-8702
- 1118 High Avenue, Oshkosh (920) 235-3535

www.foxcitieshabitat.org

Home ownership and home repair program.

Harbor House

- 720 W. Fifth Street, Appleton (920) 832-1666
- 107 South Side Shopping Center, Chilton (920) 849-7819

Emergency shelter and counseling to families of domestic abuse.

Housing Partnership of the Fox Cities

605 E. Hancock Street (at the Wire Works complex) (920) 731-6644

www.housing-partnership.org

Provides affordable housing (30% of income) to low income families in the Fox River Valley. Supportive services are also provided to families in our Transitional and Permanent Supportive Housing Programs.

Kaukauna Housing Authority

125 W. 10th Street, Kaukauna (920) 766-4772

Provides rental assistance for very low income families.

LEAVEN

- 1475 Opportunity Way, Menasha (920) 738-9635
- 206 Court St, Chilton on Tuesday mornings (920)849-1400 or (920)989-2700 x400

Helps with rental, utility, security deposit, diapers, prescriptions, and bus ticket emergency assistance.

New Holstein Housing Authority

(920) 898-5390

New London Housing Authority

505 Division Street, New London (920) 982-8509

Provides rental assistance for low income families.

Outagamie County Housing Authority

3020 E. Winslow Avenue, Appleton (920) 731-9781

Offers subsidized housing for low income families based on income.

Project Home

124 E. North Street, Appleton (920) 734-7726

Provides transitional housing for individuals and will do referrals for housing and related services for families.

Salvation Army

- 130 North Street, Appleton (920) 734-3324

www.usc.salvationarmy.org

- 417 Algoma Blvd., Oshkosh (920) 232-7660

<http://www.usc.salvationarmy.org/oshkosh>

Winnebago County Housing Authority

600 Merritt Avenue, Oshkosh (920) 424-1450

Provides housing for primarily low-income households.

Winnebago County Human Services

- 211 N. Commercial Street, Neenah (920) 729-4797
- 220 Washington Avenue, Oshkosh (920) 727-2991

Woodridge Gardens

3040 Green Meadows Drive, Appleton (920) 733-8811

LEGAL ASSISTANCE

Child Support and Paternity

- **Winnebago County:** 415 Jackson St, Oshkosh (920) 236-4780 or (920) 236-4770
- **Outagamie County:** 401 S. Elm Street, Appleton (920) 832-5058

Helps with establishing paternity and attaining required child support.

Consumer Protection Services

1-800-422-7128

Helps to address your concerns if you feel that you have been misled or mistreated as a consumer.

Lawyer Referral and Information Services

1-800-362-9082

Helps in finding a lawyer and legal information.

Legal Services

- **Winnebago County:** 404 N. Main Street, Oshkosh (920) 233-6521
- **Outagamie & Calumet Counties:** 417 Pine Street, Green Bay (920) 432-4645

Provides legal advice and services for low income clients on civil matters.

Legal Services of NE Wisconsin

1-800-236-1127

Pro Se Today, Oshkosh

(920) 233-0310

Pro Se Divorce & Mediation Service, Inc.

- 2323 E. Wisconsin Avenue, Appleton (920) 738-9761
- 309 High Avenue, Oshkosh (920) 232-1215

Do-it-yourself divorce and bankruptcy services.

LIBRARIES

Appleton Public Library

225 N. Oneida Street (920) 832-6187; www.apl.org/kids

Brillion Public Library

326 N. Main Street (920)756-3215; www.ci.brillion.wi.us/departments/library

Chilton Public Library

221 Park Street (920) 849-4414; www.chiltonlibrary.org

Kaukauna Public Library

111 Main Avenue (920)766-6346; www.kaukaunlibrary.org

Kiel Public Library

511 Third Street (920) 894-7122; www.kiellibrary.org

Kimberly Public Library

515 W. Kimberly Avenue (920) 788-7515; www.kimlit.org

Little Chute Public Library

625 Grand Avenue (920) 788-7825; www.kimlit.org

Menasha Public Library

440 1st Street (920) 967-3670; www.menashalibrary.org

Omro Public Library

405 E. Huron Street (920) 685-7016; <http://www.omrolibrary.org/>

Neenah Public Library

240 E. Wisconsin Avenue (920) 886-6335; www.neenahlibrary.org/youth

New Holstein Public Library

2115 Washington Street (920) 898-5165; www.newholsteinlibrary.org

Oshkosh Public Library

106 Washington Avenue (920) 236-5208; www.oshkoshpubliclibrary.org/kids

Winneconne Public Library

31 S. 2nd Street (920) 582-7091; <http://www.winneconnelibrary.org>

MUSEUMS & LEARNING FUN

Barlow Planetarium

UW-Fox Valley, 1478 Midway Road, Menasha (920)832-2848
www.barlowplanetarium.org

Kids' shows, star shows, laser shows, plus gift shop.

Bergstrom-Mahler Museum

165 N. Park Avenue, Neenah (920)751-4658
www.bergstrom-MahlerMuseum.com

Building for Kids Children's Museum

100 W. College Avenue, Appleton (920) 734-3226
www.buildingforkids.org

Designed for kids birth to age 8 with lots of hands on activities that build imagination, creativity, and confidence.

EAA AirVenture Museum

3000 Poberezny Road, Oshkosh (920)426-4818
www.airventuremuseum.org

Exhibits, interactive experiences, and airplane rides.

Hearthstone Historic House Museum

625 W. Prospect Avenue, Appleton (920) 730-8204
www.hearthstonemuseum.org

History Museum at the Castle

330 E. College Avenue, Appleton (920) 735-9370
www.foxvalleyhistory.org

Home of the Houdini exhibit.

National Railroad Museum

2285 S. Broadway Street, Green Bay (920) 437-7623
www.nationalrrmuseum.org

Oshkosh Public Museum

1331 Algoma Blvd, Oshkosh (920) 424-4730
www.oshkoshmuseum.org

Paper Discovery Center

425 W. Water Street, Appleton (920) 380-7491
www.paperdiscoverycenter.org

Explores the world of paper through hands-on experience.

Trout Museum of Art

111 W. College Avenue, Appleton (920) 733-4089
www.troutmuseum.org

Promote, teach and nourish the creation and appreciation of the visual arts.

Weis Earth Science Museum

UW-Fox Valley, 1478 Midway Road, Menasha (920)832-2925

www.fox.uwc.edu/wesm

WI geology and mining history, interactive, and hands on activities.

Born Learning Trails

United Way Fox Cities' Born Learning Trails provide free opportunities for parents, grandparents and caregivers to boost young children's literacy skills. The trails feature interactive stations with tips and tools to engage children in play-based learning activities.

Currently, there are five Born Learning Trails located at the following parks in the Fox Cities:

Pierce Park

1035 W. Prospect Avenue
Appleton, WI 54914

Jefferson Park

915 Third Street
Menasha, WI 54952

Fritse Park

899 North Lake Street
Neenah, WI 54956

Plamann Park (Children's Farm)

1375 E. Broadway Drive
Appleton, WI 54915

Smith Park

301 Park Street
Menasha, WI 54952

More trails coming soon!



MUSIC & READING ACTIVITIES

Arthur Krempin School of Music & Art

326 E. North Street, Appleton (920) 757-6176

www.felc.com

Music and movement based programs designed for parents, infants, and young children.

Barnes & Noble Book Store

4705 Grande Market Drive, Appleton (920) 831-7880

Activities for children ages 2-6 include story time, theme-related crafts and snacks on Tuesdays and Thursdays at 10 a.m. and Fridays at 7 p.m.

Heid Music

308 E. College Ave. Appleton 1-800-236-4343

Lawrence Academy of Music

100 Water Street, Appleton (920) 993-6278

www.lawrence.edu

Children's music program includes parent/infant classes, voice and instrument programs. Call for times and fees.

YMCA

- **Apple Creek:** 2851 E. Apple Creek Road, Appleton (920)733-9622
- **Downtown Appleton:** 218 E. Lawrence Street, Appleton (920) 739-6135
- **Downtown Oshkosh:** 324 Washington Avenue, Oshkosh at (920) 236-3380
- **Heart of the Valley:** 225 W. Kennedy Avenue, Kimberly (920) 830-0414
- **Fox West:** N6931 School Road, Greenville (920) 757-9820
- **Neenah-Menasha:** 110 N. Water Street, Neenah (920) 729-9622
- **Oshkosh:** 3303 W. 20th Avenue, Oshkosh (920) 230-8439

NATURE CENTERS

1000 Islands Environmental Center

700 Dodge Street, Kaukauna (920) 766-4733

Full-time naturalist available. Bird and animal watching. Admission is FREE. Hours are 8 a.m. to 4 p.m. weekdays and 10 a.m. to 3:30 p.m. on Saturdays and Sundays.

Brillion Nature Center

W1135 Deer View Road, Brillion (920) 756-3591

www.brillionnaturecenter.net

Activities for all ages that explore the wonders of the environment.

Gordon Bubolz Nature Preserve

4815 North Lynndale Drive, Appleton (920) 731-6041

www.bubolzpreserve.org

775 acres of lowland white cedar forest. 8 mile trail system, self-guided hikes, pond, see website for summer family events.

Green Bay Botanical Garden

2600 Larsen Road, Green Bay (920) 490-9457

www.gbbg.org

8,000 sq. ft. visitor's center, Four Seasons Garden, Woodland Garden, Children's Garden, Contemporary Rose Garden, Cottage Garden, New American Perennial Garden, annual and herb displays.

Heckrodt Wetland Reserve

1305 Plank Road (Hwy 114), Menasha (920) 720-9349

www.heckrodtwetland.com

76 acres of forested wetland, wetland meadow, open water and upland field communities. Wheel chair and stroller-friendly 2+mile boardwalk trail system. Nature center with live animals and mounted specimens, Discover den children's playroom, picnic area.

High Cliff State Park

N7630 State Park Road, Sherwood (920) 989-1106

www.friendsofhighcliff.org

Limestone cliff of the Niagara Escarpment which parallels the eastern shore of Lake Winnebago. Picnic areas, shelters, grills, restrooms, campsites, fishing pond, boating, sand beach, naturalist guided hikes, bike trails, bridle trails, 40 ft. observation tower.

Ledge View Nature Center

W2348 Short Road, Chilton (920) 849-7094

www.ledgeviewnaturecenter.org

105 acres of woodland and prairie, a Calumet County Park, 2.5 miles of hiking trails, three caves, live animals, quarry, exhibits, nature center with staff naturalist.

Memorial Park Arboretum and Gardens

1313 E. Witzke Blvd. Appleton (920) 993-1900

Arboretum and gardens on display for public, plus educational programs designed to teach about horticulture.

Mosquito Hill Nature Center

N3880 Rogers Road, New London (920) 779-643

430 Acres of land bordered by Wisconsin's Wolf River; Several miles of trails; Operated by Outagamie County.

Paine Art Center & Gardens

1410 Algoma Blvd. Oshkosh (920) 235-6903

www.thepaine.org

A historic estate with art galleries and display gardens

YMCA Nature Center

Apple Creek YMCA and the Bruce B Purdy Nature Preserve

2851 E. Apple Creek Road, Appleton (920)733-9622

105 acres of forest, nature classrooms, meadows, pond, trail system, self guided hikes, full time naturalist available for field trips. Hiking and snowshoeing only.

SPORTS

Appleton Family Ice Center

1717 E. Witzke Blvd. Appleton (920) 830-7679

www.appletonfamilyicecenter.com

Indoor ice skating. Skate rental available. Call ahead for public skating times.

Badger Sports Park

3600 E. Evergreen Drive, Appleton (920) 830-6900

www.badgersportspark.com

Go-cart racing, mini-golf, batting cages, and indoor game room.

Green Bay Packers Hall of Fame

1265 Lombardi Avenue, Green Bay 54304 (920) 569-7512

www.packers.com

Oshkosh Lanes (Bowling)

275 N. Washburn St. Oshkosh, WI 54904 (920) 426-5445

Player's Choice

W3035 County Road JJ, Appleton (920) 731 7529

www.pcappleton.com

68,000 square-foot indoor sports facility with baseball, volleyball, basketball, golf, batting cages. Special play time for age 5 and under also offered.

Roller Skating Rinks

- **Fox Valley Roller Rink:** 1215 Gillingham Road, Neenah (920) 722-0502
- **Gem Roller Rink:** 1360 S. Oneida Street, Appleton (920) 734-2123
- **Skate City:** 708 S. Railroad Street, Kimberly (920) 788-6059
- **Skaters Edge:** 1150 N. Mayflower Drive, Appleton (920) 733-9043

Settler's Mill of Oshkosh, LLC (Mini Golfing)

3025 S. Washburn Street, Oshkosh

Soccer Heaven & Sports Center

N218 Stoney Brook Road, Appleton (920) 830-3907

www.soccerheavensports.com

Indoor mini golf, driving ranges, batting cages.

Tri-County Arena

700 E. Shady Lane, Neenah (920) 731-9731

Offers public skating, The US Figure Skating Program "Learn to Skate," Valley Figure Skating Club, Fox Valley Broomball League, Fox Valley Youth Hockey, Over 30 Men's Hockey League, and introduction to speed skating.

Wisconsin Timber Rattlers Baseball

2400 N. Casaloma Drive, Appleton (920) 733-4152

www.timberrattlers.com

Minor-league baseball at Fox Cities Stadium.

YMCA

- **Apple Creek:** 2851 E. Apple Creek Road, Appleton (920)733-9622
- **Downtown Appleton:** 218 E. Lawrence Street, Appleton (920) 739-6135
- **Downtown Oshkosh:** 324 Washington Avenue, Oshkosh at (920) 236-3380
- **Heart of the Valley:** 225 W. Kennedy Avenue, Kimberly (920) 830-0414
- **Fox West:** N6931 School Road, Greenville (920) 757-9820
- **Neenah-Menasha:** 110 N. Water Street, Neenah (920) 729-9622
- **Oshkosh:** 3303 W. 20th Avenue, Oshkosh (920) 230-8439

The YMCA offers a wide variety of sports including swimming, soccer, gymnastics, football, baseball, basketball, ice hockey, martial arts, volleyball and camps.

TEEN PARENTING

Appleton Area School District - Student Age Parent Program

122 E. College Avenue, Suite 1A, Appleton (920) 832-4114

Email Val Dreier: DREIERVALERIA@aasd.12.wi.us

Offers support and guidance to middle and high school students who are expecting a child or have a child or children.

Teen Parent Support Person:

- Appleton Central: (920) 832-6136
- Appleton East: (920) 832-6212
- Appleton North: (920) 832-6525
- Appleton West: (920) 832-6219

Appleton School Age Parent Program

610 N. Badger Avenue, Appleton (920) 832-4116

Encourages completion of high school by offering classes, support groups and referrals to community resources.

Menasha Joint School District - School Age Parent Advisors

Dr. Jennifer Krzewina, School Psychologist (920) 967-1817

MHS Student Services (920) 967-1813

Offers support and referrals to pregnant or parenting teens.

Parent Connection Teen Parent Program

1810 Appleton Road, Menasha (920) 739-4226 ext. 111

A free, early learning program for parents ages 15-21 and their babies, ages 0-3, residing in Outagamie or Winnebago County. Home visiting support and young parent group are offered.

Parent Connection Teen Parent Mentoring Program

1810 Appleton Road, Menasha (920) 739-4226 ext. 108

This free program will match teen parents with a caring adult mentor who will help y with school, education, and parenting goals. Teens will spend time with a mentor each week working on goals. Mentors will also help find the available community programs that will help teen moms and their babies.

St. Elizabeth's Teen Program

Affinity NurseDirect (800) 362-9900

This FREE, no cost program provides educational support to pregnant teens as well as their families and support persons. Topics include nutrition, exercise, labor preparation, newborn care, breastfeeding and parenting. A tour of the BirthPlace (OB) unit is included.

ThedaCare's Teen Pregnancy Program

(920) 729-2926

Free educational series for teens. This Prepared Childbirth Program covers physical and emotional changes that occur during pregnancy and the special concerns teens have about birth and parenthood. Additional topics include health care for mom and baby, the birth process, pain management techniques and how to plan for the future.

THRIFT STORES

2nd Chance Thrift Store

307 N. Sawyer St. Oshkosh (920) 230-3565

Bethesda Thrift Mart

988 Winneconne Avenue, Neenah (920) 725-7467

Fox Valley Thrift Shoppe

231 S. Walter Avenue, Appleton (920) 954-9200

2670 Jackson Street, Oshkosh (920) 232-1300

Goodwill Industries of North Central Wisconsin

- 4759 Michaels Drive, Appleton (920) 731-6606
- N189 Stoney Brook Road, Appleton (920) 968-0920
- 1800 Appleton Road, Menasha (920) 731-6605
- 907 S. Green Bay Road, Neenah (920) 558-4507
- 1600 W. 20th Avenue, Oshkosh (920) 233-3897

Goodwill Outlet Store

1341 W. Spencer Street, Appleton (920) 560-1234

Hidden Treasures

361 S. Main Street, Brillion (920) 524-2000

Salvation Army Thrift Shop

706 Oregon Street, Oshkosh (920) 232-7662

Shepherd's Attic

10 W. Main Street, Chilton (920) 849-9250

St. Vincent DePaul Stores

- 1924 W. College Avenue, Appleton (920) 739-1679
- 463 S. 8th Street (Hwy. 57), Hilbert (920) 853-3449
- 1234 Tekla Place, Kiel (920) 894-7834
- 1425 S. Commercial Street, Neenah (920) 727-1766
- 2551 Jackson Street, Oshkosh (920) 235-9368

TRANSPORTATION

Dept. of Transportation-Motor Vehicles

(Including Handicapped Parking Permits)

- 2301 Omro Road, Oshkosh (920) 235-6370
- 711 W. Association Drive, Appleton (920) 832-2724

Fox Valley Cab

437 W. Franklin, Appleton (920) 734-4546

Kidz Kab

3019 W. Spencer Street, Appleton (920) 830-2067

Lamers Bus Line

(Handicap Transportation)

1825 Novak Drive, Menasha (920) 832-8890

Medi Vans

3033 W. Spencer Street, Appleton (920) 735-5800

Provides transportation for elderly and disabled.

Oshkosh Cab

(920) 235-7000

Go Transit (Oshkosh)

(920) 232-5340

Valley Transit

801 Whitman Avenue, Appleton (920) 832-5800

Provides transportation throughout the Appleton, Buchanan, Grand Chute, Kaukauna, Kimberly, Menasha, Neenah, and Little Chute. Valley Transit is equipped to provide transportation for those who are disabled and need special accommodations; they also provide work transportation to those who are low income.

CAR SEAT SAFETY

- **Calumet County Public Health**
206 Court Street, Chilton (920) 849-1432 or (920) 989-2700 x432
Free car seat checks offered by appointment.
- **Nurse Direct**
(920) 738-2230 or 1-800-362-9900
For Outagamie County's car seat fitting station at the Grand Chute Fire Department, call Nurse Direct to schedule an appointment.
- **Oshkosh Fire Department**
101 Court Street, Oshkosh (920) 236-5249
Free car seat checks. Request an appointment with the Public Education Specialist.
- **Safe Kids Fox Valley**
www.safekidswisconsin.com
- **Winnebago County Car Seat Fitting Stations**
Call NurseDirect at 1-800-362-9900
- **City of Menasha Health Department**
City of Menasha residents only.
By appointment only
(920) 967-3520

ZOOS & PETTING FARMS

Cavanaugh's Carriages

3910 Fairview Road, Neenah (920) 836-2013

www.cavanaughcarriages.com

Farm tours, carriage rides, and equestrian entertainment.

Glacier Ridge Animal Farms

N9458 Ridge Road, Van Dyne

Farm animal displays, exotic animal displays, buffalo meat, elk meat, gift shop, hay rides, caramel apples, pumpkins, holiday pies, school tours, group tour programs, and company picnics. May-October Hours: Fridays 10 a.m. to 4 p.m. and Saturday-Sunday 9 a.m. to 5 p.m. (weather permitting).

Menominee Park Zoo

Corner of Hazel & Merritt (920) 236-5080

www.ci.oshkosh.wi.us

Playground, beach, trails, zoo, amusement rides, picnic shelters, and boat launch.

Mulberry Lane Farm

W3190 County Rd. B, Hilbert (920) 989-3130

www.mulberrylanefarmwi.com/index.html

NEW (North East Wisconsin) Zoo

4378 Reforestation Road, Green Bay (920) 434-7841

www.co.brown.wi.us/zoo

Animals, special exhibits, food, and gift shop.

Plamann County Park-Children's Farm

1375 E. Broadway Drive, Appleton (920) 832-4791

http://www.co.outagamie.wi.us/parks/plamann_park.htm

Special Memories Zoo

W7013 Spring Road, Greenville (920) 757-9695

It's time to change how we view a child's growth.

As they grow, children are always learning new things. Below are just some of the things you should look for as your child grows. Use this as a guide, and if you have any concerns, talk with your child's doctor and call **1-800-CDC-INFO** to get connected with your community's early childhood intervention system.

- ▶ **At 6 months, many children**
 - respond to own name
 - respond to other people's emotions and often seem happy
 - copy sounds
 - like to play with others, especially parents
- ▶ **At 1 year (12 months), many children**
 - use simple gestures, like shaking head "no" or waving "bye-bye"
 - say "mama" and "dada" and exclamations like "uh-oh!"
 - copy gestures
 - respond to simple spoken requests
- ▶ **At 1 ½ years (18 months), many children**
 - play simple pretend, such as feeding a doll
 - point to show others something interesting
 - show a full range of emotions, such as happy, sad, angry
 - say several single words
- ▶ **At 2 years (24 months), many children**
 - say sentences with 2 to 4 words
 - follow simple instructions
 - get excited when with other children
 - point to things or pictures when they are named
- ▶ **At 3 years (36 months), many children**
 - show affection for friends without prompting
 - carry on a conversation using 2 to 3 sentences
 - copy adults and friends
 - play make-believe with dolls, animals, and people
- ▶ **At 4 years (48 months), many children**
 - tell stories
 - would rather play with other children than by themselves
 - play cooperatively with others
- ▶ **Questions to ask your child's doctor:**
 - Is my child's development on track for his or her age?
 - How can I track my child's development?
 - What should I do if I'm worried about my child's progress?
 - Where can I get more information?

Adapted from CARING FOR YOUR BABY AND YOUNG CHILD: BIRTH TO AGE 5, Fifth Edition, edited by Steven Shelov and Tanya Remer Altmann © 1991, 1993, 1998, 2004, 2009 by the American Academy of Pediatrics and BRIGHT FUTURES: GUIDELINES FOR HEALTH SUPERVISION OF INFANTS, CHILDREN, AND ADOLESCENTS, Third Edition, edited by Joseph Hagan, Jr., Judith S. Shaw, and Paula M. Duncan, 2008, Elk Grove Village, IL: American Academy of Pediatrics.

www.cdc.gov/actearly
1-800-CDC-INFO



Learn the Signs. Act Early.

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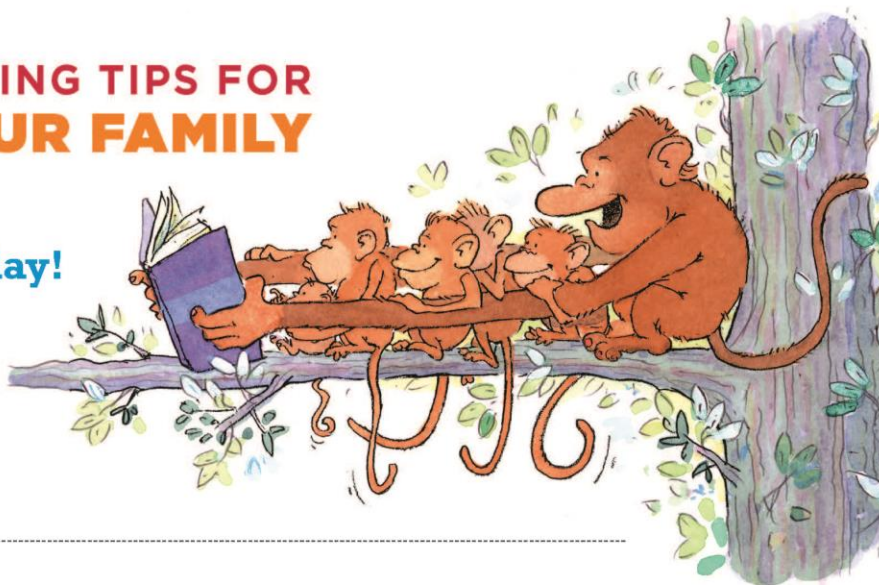


where great stories begin™

READING TIPS FOR YOUR FAMILY

Read aloud every day!

It's **FUN**. It's **SPECIAL TIME** with your child. It helps children learn **LOTS** of **NEW WORDS**.



IT'S NEVER TOO EARLY TO START!

Babies love to be held and to hear your voice. Cuddle up together and look at board books.

A FEW MINUTES IS OKAY

Young children may sit still for only a few minutes. They will listen longer as they grow.

LET YOUR CHILD TURN THE PAGES

Babies and toddlers need help to turn board book pages. A three-year-old likes to turn paper pages without help.

READ FAVORITE STORIES OVER AND OVER

Children love to hear the same stories again and again. This is how they learn.

ASK YOUR CHILD QUESTIONS ABOUT THE STORY

Where is the moon? What do you think will happen next? Be sure to give your child time to answer!

MAKE THE STORY COME ALIVE

Read with fun and excitement in your voice. Try loud, or soft, or silly voices.

TALK ABOUT THE PICTURES

Make up stories to go with the pictures. Let your child join in!

READ ANYWHERE, ANYTIME

Read at playtime, bedtime and naptime. Read any place you have to wait. Read at the playground or under a tree, in the car or on the bus.

GO TO YOUR LOCAL LIBRARY TO GET MORE BOOKS

Your local library has lots of free books. Let your child choose which ones to bring home.

When children are read to by people they love, children learn to love books!

www.reachoutandread.org



**READ TO
YOUR CHILD
20 MINUTES
EVERY DAY**

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MILESTONES OF EARLY LITERACY DEVELOPMENT

NEWBORN TO 6 MONTHS

TALK, SING, READ, PLAY Right from birth, babies are listening, looking, and learning. So find, and enjoy, those everyday moments when you can talk, sing, read, and play together with your baby.



6 TO 12 MONTHS

holds head steady
sits in lap without support
grasps book, puts in mouth
drops, throws book

MOTOR DEVELOPMENT

What your child is doing

COMMUNICATION AND COGNITION

What your child is saying and learning

12 TO 24 MONTHS

holds and walks with book
no longer puts book in mouth right away
turns board book pages

says single words, then 2- to 4-word phrases
gives book to adult to read
points at pictures
turns book right-side up
names pictures, follows simple stories

2 TO 3 YEARS

learns to turn paper pages, 2 to 3 pages at a time
starts to scribble

adds 2-4 new words per day
names familiar objects
likes the same book again and again
completes sentences and rhymes in familiar stories

3 TO 4 YEARS

turns pages one at a time, and from left to right
sits still for longer stories
scribbles and draws

recites whole phrases from books
moves toward letter recognition
begins to detect rhyme
pretends to read to dolls and stuffed animals

4 TO 5 YEARS

starts to copy letters and numbers
sits still for even longer stories

can listen longer
recognizes numbers, letters
can retell familiar stories
can make rhymes
learning letter names and sounds

ANTICIPATORY GUIDANCE

What parents can do

Ask questions and wait for your child to answer

Read and speak in your first language

ask “Where’s the dog?” or “What is that?”

be willing to read the same book again and again
as you read, talk about the pictures
keep using books in daily routines

ask “What happens next?” in familiar stories

point out letters, numbers
point out words and pictures that begin with the same sound
together, make up stories about the pictures

relate the story to your child’s own experiences

let your child see you read
ask your child to tell the story
encourage writing, drawing
point out the letters in your child’s name

LET YOUR CHILD CHOOSE WHICH BOOK TO READ. FIND STORIES ABOUT THINGS YOUR CHILD LIKES.

WHAT TO READ

board and cloth books;
books with baby faces;
nursery rhymes

rhyming books; picture books that tell stories; search and find books

picture books that tell longer stories; counting and alphabet books

fairy tales and legends;
books with longer stories;
fewer pictures



FOOD ALLERGY

Babysitting and Drop-Off Form

Created to help teach friends, family, babysitters and others responsible for the care of children with food allergies
By Michael Pistiner, M.D., M.M.Sc., edited by John Lee, M.D., of AllergyHome in collaboration with Kids With Food Allergies

TAKE ALL FOOD ALLERGIES SERIOUSLY • TRACE AMOUNTS OF FOOD CAN CAUSE A REACTION

PREVENTION and **EMERGENCY PREPAREDNESS** are a constant must

PREVENTION

Read Labels

Learn How to Read a Label for Food Allergens.* Read Labels Every Time.

- Food allergens can be hidden in flavorings, colorings or other additives
- Allergens can be hidden ingredients, e.g. milk in canned tuna
- Ingredients may change without notice

*You can learn about U.S. labeling for allergens at www.fda.gov.

Cross-Contact

Cross-Contact is the Presence of Unintended Allergens.

Do not share utensils, dishware, cups, water bottles, or food. Wash dishes, utensils, cups, etc. thoroughly, with soap and water.

Wash hands well with soap and water or hand wipes, before eating or touching the face. Hand sanitizers don't work.

Clean tables and eating surfaces thoroughly with soap and water, commercial cleaners or commercial wipes. Allergens withstand heating and drying.

Be aware of other sources of exposure including: saliva from people or pets, sponges, dishrags, sanitizing buckets, aprons, food that touches the allergen, etc.

EMERGENCY PREPAREDNESS

- **Epinephrine** (eg. Adrenaclick®, Auvi-Q™, EpiPen® or generic epinephrine auto injector) is the treatment for a severe allergic reaction.
- **Always have epinephrine auto injectors close by.**
 - Know how to give epinephrine.
 - Know when to give epinephrine.
 - Know where the auto injectors are located.
- **Have a Food Allergy Action Plan** available and review it with the parents.
- **After giving epinephrine, always call 911** or local ambulance service and tell them that a child is having an allergic reaction and may need more epinephrine.

▶ IMPORTANT CHILD CARE INFORMATION

For Emergency dial 911 or local Emergency #: _____

Child's Name: _____ Age: _____ Weight: _____

Child's Address or Current Location: _____

Food Allergies: _____

Drug Allergies: _____

Parent's Name: _____ Phone #: _____

Doctor's Name: _____ Phone #: _____

QUICK TIPS

Know where your epinephrine and allergy action plan is located

Read all ingredient labels and avoid cross-contact

Ask parents about safe foods to give

If unsure, do not give the food in question

PROUDLY BROUGHT TO YOU BY



Please note that this is a quick tip sheet and is not all-inclusive. It is intended to augment, not replace, current food allergy training. For more detailed information and a list of resources, please visit KidsWithFoodAllergies.org or AllergyHome.org. Online training modules can be found at AllergyHome.org.

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June, 2013

Family Info

Name _____
Address _____

Phone Numbers

Home _____
Dad _____
Mom _____

Family Friends

Name _____
Home _____
Cell _____

Medical Info

Allergies _____
Pediatrician _____
Hospital _____

Bedtime

Snack _____
Routine _____

Special toys _____
Extras _____